PCR Detection of *Coxiella burnetii* from Different Clinical Specimens, Especially Bovine Milk, on the Basis of DNA Preparation with a Silica Matrix

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For PCR detection of *Coxiella burnetii* in various clinical specimens we developed a sample preparation method in which silica binding of DNA was used. This method was found to be fast, easily performed with large numbers of samples, and equally sensitive for all of the specimens tested (livers, spleens, placentas, heart valves, milk, blood). The DNA preparation method described here can also be used as an initial step in any PCR-based examination of specimens. The procedure was tested with more than 600 milk samples, which were taken from 21 cows that were seropositive for *C. burnetii* and reportedly had fertility problems (and therefore were suspected of shedding the agent through milk intermittently or continuously). Of the 21 cows tested, 6 were shedding *C. burnetii* through milk. Altogether, *C. burnetii* DNA was detected in 6% of the samples. There was no correlation between the shedding pattern and the serological results.

*Coxiella burnetii* is the causative agent of Q fever, a zoonosis that occurs worldwide (12). Infected animals, especially livestock, are considered the most important source of transmission to humans (9). Whereas animals in general show no clinical signs of infection except occasional abortions and other problems with reproduction, *C. burnetii* can cause serious illness in humans. This agent is very resistant to environmental influences, and even a single infective particle can initiate an infection in the animal model (16).

The significance of infection via the oral route (e.g., by drinking unpasteurized milk) is still a subject of discussion (2, 5, 7, 20, 22). Even if the average level secreted is much lower, up to 10^5 coxiellae/ml can be shed in bovine milk during several lactation periods (3, 20, 23). Therefore, a specific and sensitive diagnostic system is necessary to detect even small numbers of coxiellae.

Cell culture is still used as a sensitive tool for routine detection of *C. burnetii*, which is an obligately intracellular bacterium, but this method is comparatively time-consuming. A capture enzyme-linked immunosorbent assay (ELISA) is also routinely used for diagnosis of *C. burnetii* infections (24); this method is faster than cell culture tests, but the detection limit is not completely satisfactory, considering the low level of shedding and the minimum infectious dose of *C. burnetii*.

PCR is a highly sensitive and specific detection method that has been used previously to trace *C. burnetii* in clinical samples (6, 13, 14, 26, 27). A PCR performed with primers based on a repetitive, transposonlike element (Trans-PCR) (26) proved to be highly specific and sensitive, but extraction of DNA from milk samples took considerable effort and there was a high risk of contamination due to the numerous preparation steps.

Techniques in which a silica matrix was used have been used successfully to purify bacterial DNA from various sources for PCR (4, 8, 15, 25). Therefore, we developed a procedure in which a silica matrix was used for DNA extraction in this study, and this procedure was combined with the Trans-PCR to detect *C. burnetii*. Our goal was to develop a rapid, inexpensive, safe, very sensitive diagnostic method to detect *C. burnetii* in a variety of clinical specimens. In addition, application of this new method to milk samples was intended to show the suitability of the new system for routine diagnostics and to gather new information about the shedding of *C. burnetii* through bovine milk.

**MATERIALS AND METHODS**

**Organisms and growth conditions.** *C. burnetii* Nine Mile phase I was grown in Buffalo green monkey cell cultures as previously described (1) and was used to contaminate specimens. The Buffalo green monkey cells were propagated in Eagle’s minimal essential medium and were inoculated with *C. burnetii*. Cell culture supernatants were harvested weekly and were sonicated to release the infectious agent from the cells. The cell debris was removed by centrifugation, and the bacterial pellet was resuspended in 0.15 M NaCl containing 0.04% NaN3. The coxiellae were heat inactivated (80°C, 15 min), and the number of coxiellae in each suspension was determined by measuring the optical density at 420 nm. The concentration of rickettsial cells was calculated by using a previously determined standard curve. Rickettsial suspensions were stored at 4°C until they were used.

**Samples.** Blood, milk, bovine placenta, porcine heart valve, cattle liver, and sheep spleen samples were tested. Livers, spleens, and heart valves were provided by the local abattoir. Placentas, blood, and milk were kindly donated by the local obstetric and gynecological clinic for animals. Capture ELISA- and PCR-negative samples were kept at −20°C and used for artificial contamination or as negative controls.

The milk samples used in the survey were collected daily from 21 cows on four dairy farms and were stored at −20°C. Reduced fertility had been reported for the herds. The cows selected were found to be serologically positive in previous examinations, as determined by ELISA or CFT. There was no indication of mastitis in the cows examined, and milk samples showed physiological consistency.

**DNA extraction.** Portions (25 mg) of the animal tissues mentioned above were mechanically homogenized in 180 μl of phosphate-buffered saline. For milk and blood samples, a 200-μl sample volume was used. Cells were lysed with proteinase K (final concentration, 200 μg/ml) at 56°C overnight. DNA was prepared with a Prep-A-Gene purification kit (Bio-Rad, Munich, Germany) by using 10 μl of silica matrix. DNA was eluted from the silica matrix by adding 100 μl of Prep-A-Gene elution buffer. To increase the yield, DNA was eluted at 56°C for 5 min and centrifuged again. One microliter of supernatant containing DNA was used for amplification.

The samples used for sensitivity tests were contaminated with 10^4 to 10^6 coxiellae/sample. The samples used as positive controls were contaminated with...
DNA in clinical milk samples. During the 1-month survey performed with seropositive cows, only 6 of the 21 cows examined excreted coxiellae in milk; 2 of the 21 cows shed coxiellae through milk once, 1 animal shed coxiellae on 2 days, 1 animal shed coxiellae on 3 days, and 1 animal shed coxiellae on 6 days. Usually, shedding was not coherent. Only one cow exhibited nearly continuous shedding of the agent through milk for 23 days. There was no correlation between the serological results and the pattern of coxiellae shedding in milk, nor did we observe a relationship between the last calving date and the shedding of *C. burnetii*.

**DISCUSSION**

The suitability of a detection method for routine diagnostics depends on several factors, such as specificity, sensitivity, expense, amount of time, and applicability to large numbers of clinically relevant specimens. The sample preparation procedure described here has been shown to work equally well with all materials considered to be important for diagnosis of *C. burnetii* infections. Placenta and fetal tissues, like liver or spleen tissues, have to be examined after abortions suspected to be due to coxielliosis. Examination of blood is necessary to prove coxiellaemia. In the case of chronic Q fever in humans, liver and heart valves can be sites of colonization (18). As human tissues were not available, the animal equivalents were used in our experiments. Because of public health concerns, milk is frequently examined, particularly when unpasteurized milk is used commercially. With the established technique described here a large number of samples can be examined simultaneously; up to 64 samples at a time were processed easily in this study. The results were available in 1 day, including the time required for sample preparation (0.5 to 1.5 h), PCR, and documentation. Depending on the number of samples, the working time was about 2 to 4 h. Hence, the method used in this study is faster than any previously described procedure for detection of *C. burnetii*. In addition, our method is inexpensive compared with other methods used to prepare samples for PCR. Thus, the technique described here is easily applicable to
everyday routine diagnostics and to larger epidemiological studies of *C. burnetii*.

However, the sensitivity of our method proved to be inferior to the sensitivity obtained with the sample preparation method originally described for detection of *C. burnetii* by PCR (26). The binding capacity and reaction volume allowed DNA preparation from samples only as large as 200 µl and 25 mg, respectively. On the other hand, there is no minimum sample size, so even biopsy samples are suitable for the test.

During purification of DNA PCR inhibitors were copurified. Therefore, the recommended elution volume (10 µl) had to be increased (to 100 µl) to dilute the inhibitors. The detection limit was determined to be 4,000 coxiellae/g of tissue. At least when placentas are examined, this limit is sufficient, as it has been reported that large numbers of *C. burnetii* are harbored in the uterus and amniotic fluid of infected cows (23). Little is known about the average level of the agent in other tissues.

In previous studies (19) the concentration of coxiellae in milk was determined as infectious units by using guinea pigs as the animal model. Schaal (19) found that milk from infected cows contained 10^2 to 10^3 infectious units/ml. Assuming that infection of guinea pigs usually requires more than a single coxiella cell, the PCR detection limit, 500 coxiellae/ml of milk, covers the expected amount of agent shed through milk. Furthermore, the PCR detects not only infectious agents but nonviable agents as well. After all, the method described above is more sensitive than capture ELISA (detection limit, 2,000 coxiellae per assay) and is much more rapid and convenient than cell culture, in which at least 6 days of examination is required for diagnostic results (18). Since the method described here is not specific for *C. burnetii* DNA, it may be useful for diagnosing infections with other bacteria as well. This is in contrast to preparation methods in which immunomagnetic separation is used (13), which selectively purify specific DNA.

The results obtained for milk samples from 21 cows proved that the system could detect coxiellae in naturally infected specimens. This is important as *C. burnetii* is a strictly intracellular agent (16). Findings obtained with artificially contaminated samples containing only extracellular *C. burnetii* particles cannot simply be transferred to clinical samples. Besides, this survey confirmed the suitability of the test for routine diagnostics.

The previously reported percentages of *C. burnetii* seropositive cows that shed the agent through their milk range from 8.3 to 90% (2, 5). These values were based on detection of coxiellae with the capillary agglutination test (11, 22) or animal experiments (19, 20, 22). Furthermore, in the present study seropositive cows were selected by ELISA, whereas in the previous surveys CF was used for serological tests. The great differences in the results of the previous studies may be due to these differences. In this study *C. burnetii* was detected in milk samples from 6 of the 21 cows tested. The shedding of coxiellae in milk was intermittent for all of the positive cows, which is consistent with previous studies (3, 5, 20). It is important that shedding of the agent did not occur in a visible pattern. This observation indicates that fixing dates for examination of milk may result in false negatives. Therefore, in the future, serological surveys of herds from which coxiella-free milk is required might not be necessary.

An examination of calving dates revealed no relationship between calving and shedding of *C. burnetii*. Such a relationship is possible as the occurrence of *C. burnetii* in milk reportedly requires a fully developed mammary gland (21) and the blood titer of antibodies against coxiella rises after birth (10). Coxiellae might be concentrated in the mammary gland during breaks in lactation and subsequently may be shed at the beginning of a new lactation period. However, the size of this survey does not allow any statistical statement; our data provide only hints about the conditions of shedding of *C. burnetii* through bovine milk. Further studies that include a statistically significant number of animals and take factors like size of herd, birth, diseases, and medication into consideration will be necessary to obtain complete information about the course of shedding.

**REFERENCES**