Method for Detection and Enumeration of Cryptosporidium parvum Oocysts in Feces, Manures, and Soils

EWA KUCZYNSKA and DANIEL R. SHELTON*

Environmental Chemistry Laboratory, Agricultural Research Service, U.S. Department of Agriculture, BARC-West, Beltsville, Maryland 20705-2350

Received 6 January 1999/Accepted 6 April 1999

Eight concentration and purification methods were evaluated to determine percentages of recovery of Cryptosporidium parvum oocysts from calf feces. The NaCl flotation method generally resulted in the highest percentages of recovery. Based on the percentages of recovery, the amounts of fecal debris in the final oocyst preparations, the relatively short processing time (<3 h), and the low expense, the NaCl flotation method was chosen for further evaluation. Extraction efficiency was evaluated by using oocyst concentrations of 25, 50, 102, 103, 104, and 105 oocysts g of bovine feces\(^{-1}\). The percentages of recovery ranged from 10.8%\( (25 \text{ oocysts } g^{-1}) \) to 17.0%\( (10^5 \text{ oocysts } g^{-1}) \)\( (r^2 = 0.996)\). A conservative estimate of the detection limit for bovine feces is ca. 30 oocysts g of feces\(^{-1}\). Percentages of recovery were determined for six different types of animal feces (cow, horse, pig, sheep, deer, and chicken feces) at a single oocyst concentration\( (10^3 \text{ oocysts } g^{-1}) \). The percentages of recovery were highest for bovine feces (17.0%) and lowest for chicken feces (3.2%). Percentages of recovery were determined for bovine manure after 3 to 7 days of storage. The percentages of recovery ranged from 1.9 to 3.5% depending on the oocyst concentration, the time of storage, and the dispersing solution. The percentages of oocyst recovery from soils were evaluated by using different flotation solutions (NaCl, cold sucrose, ZnSO\(_4\)), different dispersing solutions (Triton X-100, Tween 80, Tris plus Tween 80), different dispersion techniques (magnetic stirring, sonication, blending), and different dispersion times (5, 15, and 30 min). Twenty-five-gram soil samples were used to reduce the spatial variability. The highest percentages of recovery were obtained when we used 50 mM Tris–0.5% Tween 80 as the dispersing solution, dispersion for 15 min by stirring, and saturated NaCl as the flotation solution. The percentages of oocyst recovery from freshly spiked sandy loam, silty clay loam, and clay loam soils were ca. 12 to 18, 8, and 6%, respectively. The theoretical detection limits were ca. 1 to 2 oocysts g of soil\(^{-1}\) depending on the soil type. The percentages of recovery without dispersant (distilled H\(_2\)O or phosphate-buffered saline) were less than 0.1%, which indicated that oocysts adhere to soil particles. The percentages of recovery decreased with storage time, although the addition of dispersant (Tris-Tween 80) before storage appeared to partially prevent adhesion. These data indicate that the NaCl flotation method is suitable for routine detection and enumeration of oocysts from feces, manures, soils, or soil-manure mixtures.

Cryptosporidium parvum, the causal agent of cryptosporidiosis, is a widespread protozoan parasite that infects numerous mammalian species. C. parvum is an important human pathogen, as evidenced by several outbreaks of cryptosporidiosis in the past decade; the most severe of these outbreaks occurred in Milwaukee, Wis., where more than 400,000 people were infected (13). C. parvum is a particularly serious health threat to immunodeficient individuals (e.g., AIDS and cancer patients) because there are no effective treatments for the disease.

An important mode of C. parvum transmission to humans is believed to be via contaminated drinking water or recreational water. Studies have shown that waterborne C. parvum oocysts (the infectious stage found outside the body) may remain viable for several months (8). Although wildlife and sewage outflows have been implicated in watershed contamination (3, 11, 16, 19), farm animals are also believed to be major contributors. Sheep, horses, and pigs are susceptible to infection by C. parvum and shed oocysts (21, 29, 30); however, dairy and beef calves are generally considered to present the greatest risk because of their numbers, distribution, incidence of infection, and high levels of oocyst excretion.

Neonatal calves are particularly susceptible to infection (scours) and can excrete up to 30 billion oocysts or more over a 1- to 2-week period. Based on a survey of 7,369 calves from 1,103 dairy farms located in 28 states, Garber et al. (10) found that more than 50% of 2-week-old calves and 22.4% of all calves (ages, 1 to 17 weeks) tested positive for C. parvum. These authors concluded that virtually all herds with more than 100 cows are infected with C. parvum. Limited data suggest that adult cows may also shed oocysts. Scott et al. (18) found up to 18,000 oocysts per g of feces from apparently healthy adult cows. Based on an average content of 900 oocysts per g of feces and a total excretion of ca. 40 kg of feces per cow per day, a single adult bovine could potentially excrete more than 36 million oocysts per day.

These data suggest that contaminated manures from dairy or beef cattle operations can be major sources of C. parvum oocysts unless manure management or treatment strategies are used to minimize oocyst viability or transport to water. In addition to direct fecal deposition, possible modes of transport to potable or recreational water include surface transport from land-applied manures or leaching through the soil to groundwater (e.g., karst groundwater). Land application of manures is recommended in order to recycle nutrients (e.g., nitrogen and phosphorus) for crop growth. The Environmental Protection Agency has proposed manure management recommendations to minimize nutrient transport to surface water (7). It is important to determine...
if the proposed recommendations also minimize transport of *C. parvum* oocysts to surface water.

Evaluations of the efficacy manure management strategies depend on accurate determinations of oocyst numbers in feces, manures, and soils. Methods for detecting *Cryptosporidium* oocysts in fecal samples have been described previously. Fecal smears are commonly used for clinical purposes to detect oocysts in stool samples. Although quick and relatively quantitative, smears have limited sensitivity and are applicable only to watery or diluted samples (samples with low percentages of solids). Several concentration and purification methods have been described from which a variety of flotation solutions are used for extraction and recovery of oocysts from fecal samples have been described (2, 5, 12, 17, 20, 22, 32). In general, these methods have not been rigorously evaluated with respect to extraction efficiencies and/or detection limits.

Few studies have addressed the transport of oocysts over or through soils, in large measure because of difficulties associated with detection and enumeration of oocysts in soil samples or soil-maneer mixtures. Mawdsley et al. (14) have described a method for extraction and enumeration of oocysts in soil in which sucrose flotation is used. These authors reported extraction efficiencies of up to 61.6% for 1-g soil samples processed shortly after spiking; however, the extraction efficiencies declined to 4% after 24 h. Walker et al. (23) obtained comparable results by using a procedure adapted from the method of Mawdsley et al.; in this study the recovery was 43% ± 5.7% (average ± 95% confidence interval) for freshly spiked samples. This method is suitable for laboratory experiments in which oocysts are likely to be relatively homogeneously distributed throughout the soil. However, for field scale experiments, in which the oocyst distribution is likely to be more heterogeneous, larger sample sizes are preferable in order to reduce spatial variability.

We describe here an evaluation of concentration and purification methods that were used in conjunction with immuno-fluorescence antibody staining for detection and enumeration of *C. parvum* oocysts in feces, manures, and soils. Our goal was to identify a relatively fast, inexpensive method that could be used for routine detection and quantification of low levels of oocysts in feces, manures, soils, or soil-muneer mixtures.

### MATERIALS AND METHODS

**Sample preparation.** Purified *C. parvum* oocysts were obtained from infected calves as previously described (9). Oocysts (ca. 10^10 oocysts ml^−1) were stored in sterile phosphate-buffered saline (PBS; pH 7.2) at 4°C until they were used. Oocyst suspensions used to spike fecal, manure, or soil samples were prepared immediately prior to use; precise numbers were determined with a Neubauer hemocytometer. Purified oocysts were used in all experiments unless indicated otherwise.

One-gram aliquots of fresh calf feces and feces from lactating cows at the Beltsville Agricultural Research Center dairy farm were spiked with 0.5-ml portions of oocyst suspensions (serial dilutions of a known stock suspension) to give final concentrations of 2 × 10^6, 10^7, and 10^8 oocysts g of calf feces^−1^ and 25, 50, 200, 10^2, and 10^3 oocysts g of cow feces^−1^, respectively. One-gram aliquots of fresh feces from adult swine, sheep, chicken, horse, and deer samples were spiked with 0.5-ml portions of an oocyst suspension to give a concentration of 10^9 oocysts g of feces^−1^.

Samples of swine, sheep, and chicken feces were obtained from research animals at the Beltsville Agricultural Research Center, Beltsville, Md.; horse feces were obtained from a stable (Glen Dale Farms, Greenbelt, Md.); and deer feces from feral animals were collected in the field at the Patuxent Wildlife Refuge, U.S. Fisheries and Wildlife Service, Bowie, Md. Prior to spiking, the feces were examined (by the NaCl flotation method) to ensure that no detectable oocysts were present. Samples were immediately spiked immediately after spiking. We prepared six samples of each type of feces to each concentration.

To determine percentages of recovery from bovine manure, 100-g aliquots of a manure slurry (containing feces, urine, and water) that was prepared in the Beltsville Agricultural Research Center dairy barn were each spiked with 1 ml of an oocyst suspension to give a final concentration of 10^9 or 10^10 oocysts g of manure^−1^.

One-gram aliquots of manure were processed on days 1 and 2 (10^9 oocysts g^−1) or days 4 and 7 (10^10 oocysts g^−1). Samples were diluted with 50 ml of 50 mM Tris and 0.5% (vol/vol) Tween 80 or distilled water, and the preparation was centrifuged at 500 g for 10 min, and the supernatant was transferred to a 50-ml tube. The other methods examined included cesium chloride gradient centrifugation, discontinuous Sheather’s gradient centrifugation, and formalin-ethyl acetate sedimentation.

For cesium chloride gradient centrifugation (12), solutions were prepared from stock solutions of CsCl (specific gravity, 1.8) and Tris buffer (50 mM Tris, 10 mM EDTA; pH 7.2) by using the following proportions of CsCl and Tris buffer: 1:1 (density, 1.4 g ml^−1^); 1:2 (density, 1.1 g ml^−1^); and 1:10 (density, 1.0 g ml^−1^). Three milliliters of each CsCl solution was layered into a 15-ml tube. The sediment was centrifuged at 1,500 × g for 10 min in Tris buffer, the supernatant was removed, and the sediment is resuspended in 1 ml of Tris buffer. The contents of each tube were overlaid with 1 ml of 100% Percoll, and the tubes were centrifuged at 16,000 × g for 30 min at 4°C. Following centrifugation, the supernatant was transferred to a 50-ml tube. The pellets were resuspended in 50 ml with distilled water, and the preparation was centrifuged at 500 g for 10 min, and the supernatant was discarded.

To determine percentages of recovery from soils, 25-g aliquots of air-dried soil were spiked with 0.5 ml of an oocyst suspension and the samples were kept at room temperature for an additional 24 h. Ten percent of the samples were taken immediately after spiking. We prepared six samples of each type of soil.

**Extraction procedures used for manure.** One-gram aliquots of manure were processed on days 3 and 6 (10^9 oocysts g^−1^) or days 7 and 8 (10^10 oocysts g^−1^). Samples were diluted with 50 ml of 50 mM Tris and 0.5% (vol/vol) Tween 80 or 50 ml of PBS and dispersed for 15 min with a magnetic stirrer. Manure suspensions were filtered through a stainless steel mesh sieve (pore size, 45 μm) and washed with 50 ml of Tris buffer or PBS (pH 7.2). The filtrates were washed with 10 ml of formalin-ethyl acetate solution, and the manure was resuspended in MgSO_4 and centrifuged at 500 g for 5 min. The supernatants were transferred to 50-ml tubes and processed by using the NaCl flotation method as described above.
Oocyst detection and enumeration. After each Eppendorf tube was thoroughly vortexed, three 10-μl aliquots (of the 100-μl sample) were pipetted into slide wells (diameter, 5 mm), dried with a slide warmer, and stained by the direct immunofluorescence antibody method by using a commercial kit (Merilgtor; Meridian Diagnostic, Inc., Cincinnati, Ohio). Samples were examined with an epifluorescence microscope (Olympus) by using a magnification of ×200. The number of oocysts per gram of feces or manure or per 25 g of soil was determined by multiplying the average number of oocysts counted in three wells by 10. Percentages of recovery and standard deviations were calculated based on six replicates unless indicated otherwise.

RESULTS

Recovery from feces and manure. The percentages of oocyst recovery from calf feces varied from <1 to 18.7% for the eight concentration and purification methods evaluated (Table 1). The NaCl and sucrose flotation methods gave significantly higher percentages of recovery ($P < 0.05$) at the lowest oocyst concentration used ($2 \times 10^4$ oocysts g$^{-1}$). The NaCl flotation method gave significantly higher percentages of recovery ($P < 0.05$) at oocyst concentrations of $10^3$ and $10^4$ oocysts g$^{-1}$ than most of the other methods gave; the only exception was CsCl gradient centrifugation. In general, the percentages of recovery were highest for the lowest oocyst concentration ($2 \times 10^3$ oocysts g$^{-1}$). Subjectively, CsCl gradient centrifugation and discontinuous Percoll gradient centrifugation resulted in the smallest amounts of fecal debris in final oocyst preparations, formalin-ethyl acetate sedimentation, MgSO$_4$ flotation, ZnSO$_4$ flotation, and sucrose flotation resulted in the most fecal debris, and Sheather’s discontinuous gradient centrifugation and NaCl flotation resulted in intermediate amounts of fecal debris. The flotation methods were more cost and time efficient than the gradient centrifugation methods because of the inexpensive materials and fewer, less complex procedures. However, except for NaCl flotation, they generally resulted in larger amounts of fecal debris. The NaCl flotation method was chosen for further evaluation because of the higher percentages of recovery, intermediate amounts of fecal debris, relatively short processing times ($<3$ h), and low expense associated with it.

Percentages of recovery from adult bovine feces were determined by using oocyst concentrations ranging from $25$ to $10^5$ oocysts g of feces$^{-1}$ (Table 2). The percentages of recovery from adult feces were generally comparable to the percentages of recovery from calf feces and were comparable at different oocyst concentrations. The coefficients of variation were consistent at oocyst concentrations of $>10^4$ oocysts g$^{-1}$ but increased as the oocyst concentrations decreased. Linear regres-

<table>
<thead>
<tr>
<th>Method</th>
<th>% Recovery at the following oocyst concn$^a$:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$2 \times 10^3$ oocysts g$^{-1}$</td>
</tr>
<tr>
<td>CsCl centrifugation</td>
<td>13.2 ± 3.2</td>
</tr>
<tr>
<td>Sheather's centrifugation</td>
<td>0.5 ± 0.1</td>
</tr>
<tr>
<td>Percoll centrifugation</td>
<td>7.0 ± 1.3</td>
</tr>
<tr>
<td>Formalin-ethyl acetate sedimentation</td>
<td>1.5 ± 0.4</td>
</tr>
<tr>
<td>MgSO$_4$ flotation</td>
<td>10.8 ± 1.4</td>
</tr>
<tr>
<td>ZnSO$_4$ flotation</td>
<td>3.6 ± 1.0</td>
</tr>
<tr>
<td>Sucrose flotation</td>
<td>17.9 ± 2.7</td>
</tr>
<tr>
<td>NaCl flotation</td>
<td>18.7 ± 5.9</td>
</tr>
</tbody>
</table>

$^a$ The least significant differences ($P < 0.05$) for oocyst concentrations of $2 \times 10^3$, $10^4$, and $10^5$ oocysts g$^{-1}$ were 2.7, 0.8, and 0.9%, respectively.

$^b$ Mean ± standard deviation ($n = 6$).
The percentages of recovery with the other dispersants were significantly higher (P < 0.05) than the percentages of recovery after 5 min.

Different methods of dispersion were evaluated by using soil leaching cores ca. 48 h after experimental treatments were used (unpublished data). The numbers of oocysts detected were as follows: blender, 14.0 ± 0.5 oocysts/10 μl; sonication, 21.5 ± 0.7 oocysts/10 μl; and magnetic stirrer, 25.0 ± 1.4 oocysts/10 μl. Because of limited replication (n = 2), we could not conclude that the percentages of oocyst recovery with magnetic stirring were significantly different than the percentages of oocyst recovery with sonication.

Percentages of oocyst recovery were determined for freshly spiked sandy loam, silty clay loam, and clay loam soils (Fig. 2). The percentages of recovery decreased as the clay content increased. A linear regression analysis of percentage of recovery versus clay content gave an r² value of 0.993. Percentages of recovery were evaluated as a function of storage with and without the addition of a dispersing solution (Tris-Tween 80). With or without the dispersing solution, the percentages of recovery decreased ca. threefold after 1 h (Fig. 3). The percentages of recovery continued to slowly decrease for 10 days, although the percentages of recovery were generally higher when the dispersing solution was added.

**DISCUSSION**

The goal of these experiments was to identify a method which can be used for routine detection and enumeration of...
processing times with this method were relatively short (<3 h), highest percentages of recovery from calf feces; in addition, the preparations, processing time, and expense. Percentages of recovery, the amounts of debris in the final oocyst soil-manure mixtures. Primary consideration was given to per-
centrations of 14.8% and a coefficient of variation of 47.1%. Given the simplicity of their method (one clarification step and one centrifugation procedure. Using a concentration of 10^6 oocysts g of calf feces 1 because of the 10-fold concentra-
receives. Commonly used methods, such as formalin-ethyl acetate sedimentation (6, 24–26, 30, 31) and sucrose flotation (5, 15, 20, 26), were generally inferior because of lower percentages of recovery, greater background fecal debris levels, or greater variability. Xiao and Herd (28) have described a method (“quantitative FA”) which requires no flotation or gradient centrifugation procedure. Using a concentration of 10^6 oocysts g of calf feces 2, these authors obtained a percentage of recovery of 14.8% and a coefficient of variation of 47.1%. Given the simplicity of their method (one clarification step and one centrifugation step) and the excellent percentages of recovery at higher oocyst concentrations, it appears that this method is preferable for relatively highly contaminated fecal samples. However, as described by Xiao and Herd, the quantitative FA method has a detection limit of ca. 700 oocysts g^-1 (reciprocal of 0.15 × 0.01). By comparison, the detection limit of our method is ca. 30 oocysts g^-1 because of the 10-fold concentration step and because 30% of the final oocyst suspension is counted.

The percentages of oocyst recovery from fresh bovine feces were relatively consistent over a wide range of oocyst concentrations (25 to 10^7 oocysts g^-1) when the NaCl flotation method was used; the r^2 value was 0.996. Therefore, it appears to be reasonable to quantify oocyst concentrations based on a single correction factor (percentage of recovery) for a given feces type; separate correction factors must be determined for different fecal types. Note that previously described methods have been evaluated by extracting fecal samples immediately after spiking. Consequently, the reported percentages of recovery may overestimate the levels of recovery from stored fecal samples depending on the extent of oocyst adhesion to fecal solids.

Since manures typically are stored for different periods of time, we attempted to simulate a contaminated manure slurry by spiking a preparation with an infected calf diarrhea sample, thoroughly mixing it, and then storing it. The percentages of oocyst recovery were substantially lower for the stored bovine manure than for fresh fecal samples, indicating that correction factors for feces are not applicable to manures. We suspect that the lower percentages of oocyst recovery were primarily due to enhanced adhesion of oocysts to fecal particles during storage, although the possibility that decomposition occurred cannot be ruled out. Experiments were conducted with Tri-

![FIG. 2. Mean percentages of oocyst (purified) recovery from freshly spiked sandy loam, silty clay loam, and clay loam soils. The error bars indicate standard deviations (n = 6). The initial oocyst concentration was 10^6 oocysts per 25 g of soil.](http://aem.asm.org/)

![FIG. 3. Plot of percentages of oocyst (from diluted calf diarrhea) recovery from sandy loam soil versus storage time with and without dispersing solution (disp. sol.) Tris-Tween 80). The error bars indicate standard deviations (n = 6). The initial oocyst concentration was 10^6 oocysts per 25 g of soil. The first sample was obtained 1 h after spiking.](http://aem.asm.org/)
ical radius of 2.5 μm adheres to a soil particle that is half its size (spherical radius, 1.25 μm), the resulting oocyst-soil particle aggregate should have a composite density of ca. 1.24 g ml⁻¹.

We obtained the highest percentages of recovery with NaCl flotation. We suspect that this was due primarily to the ability of monovalent cations to disperse soil particles, which minimized entrapment of oocysts or oocyst-soil particle aggregates during sedimentation. Substantially lower percentages of recovery were obtained with ZnSO₄ flotation, despite the higher specific gravity of ZnSO₄. We suspect that this was due primarily to the tendency of divalent cations to precipitate soil particles, which entrapped oocysts or oocyst-soil particle aggregates during sedimentation. We also obtained lower percentages of recovery with cold sucrose flotation. We suspect that this was due to a combination of lower specific gravity and higher viscosity. Oocyst detection was difficult due to high soil particle background levels in wells resulting from poor sedimentation of soil particles.

Different dispersing solutions, dispersion times, and dispersion procedures were evaluated to optimize levels of oocyst recovery. Our results obtained with dispersing solutions are consistent with the results of Mawdsley et al. (14), who obtained their highest levels of recovery with Tris-Tween 80. The highest percentages of recovery were obtained with magnetic stirring, which is a relatively mild procedure. By comparison, the highest levels of bacterial recovery from soils are typically observed with blending (4). We suspect that the shear forces created by blending were too severe for oocyst walls. After blending, large numbers of what appeared to be fluorescent wall fragments were observed in oocyst preparations.

The percentage of oocyst recovery was linearly correlated (r² = 0.993) with clay content (soil particle diameters, <2 μm). These data suggest that for mineral soils, it may be possible to predict levels of oocyst recovery based on soil texture data. More soil types are required, however, to verify this relationship. The detection limit of our method is ca. 1 to 2 oocysts g of soil⁻¹ depending on the soil type (reciprocal of percentage of recovery × fraction counted). The detection limit reported by Mawdsley et al. (14) was 529 oocysts g of clay loam soil⁻¹. Walker et al. (23) obtained detection limits of <40 oocysts g of silt loam soil⁻¹ by including a final concentration step. Although our extraction procedure is somewhat more complicated than that of Walker et al. (23), the larger sample size means that fewer samples can be used.

Levels of oocyst recovery from soils also depend on incubation or storage time. The percentages of recovery from sandy loam soil decreased to <1% within 10 days. Our results are similar to those of Mawdsley et al. (14), who observed a >99% decrease in the level of recovery after 1 week of incubation. It is unclear to what extent this is due to adhesion to soil particles or to decomposition. The addition of a dispersing solution (Tris-TWEEN 80) to soil samples enhanced the levels of oocyst recovery, suggesting that the initial decreases in percentages of recovery were due primarily to adhesion to soil particles. In addition, storage of soil samples at 4°C should have minimized the decomposition rates. Adhesion of oocysts to soil particles does not preclude decomposition. It does, however, compromise attempts to estimate decomposition rates and to quantify oocyst loading rates.

It is unclear whether the NaCl flotation method is compatible with oocyst viability testing. Gradient centrifugation methods, such as the CsCl and discontinuous Percoll methods, are most commonly used to purify oocysts from feces for viability testing (9). ZnSO₄ and cold sucrose flotation methods have also been shown to be compatible with viability testing, although they selectively concentrate viable oocysts (5). It is questionable whether there is any method which is suitable for quantitative recovery of oocysts from a wide range of environmental matrices and is compatible with viablity testing.

In conclusion, the NaCl flotation method appears to be suitable for routine detection and enumeration of C. parvum oocysts in a variety of environmental matrices, including feces, manures, soils, and soil-manure mixtures. Further research is needed to elucidate the mechanisms of oocyst-manure and oocyst-soil interactions in order to improve the levels of recovery and to estimate decomposition and mortality rates in manures and soils.

ACKNOWLEDGMENTS

We thank Valerie McPhatter and Nicole Farmer for technical assistance and Ron Fayer, Jim Trout, and Colleen Carpenter (Immunology and Disease Resistance Laboratory, Beltsville Agricultural Research Center, Beltsville, Md.) for oocyst preparations.

REFERENCES


