Internal Trehalose Protects Endocytosis from Inhibition by Ethanol in *Saccharomyces cerevisiae*

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Endocytosis in *Saccharomyces cerevisiae* is inhibited by concentrations of ethanol of 2 to 6% (vol/vol), which are lower than concentrations commonly present in its natural habitats. In spite of this inhibition, endocytosis takes place under enological conditions when high concentrations of ethanol are present. Therefore, it seems that yeast has developed some means to circumvent the inhibition. In this work we have investigated this possibility. We identified two stress conditions under which endocytosis was resistant to inhibition by ethanol: fermentation during nitrogen starvation and growth on nonfermentable substrates. Under these conditions, yeast accumulates stress protectors, primarily trehalose and Hsp104, a protein required for yeast to survive ethanol stress. We found the following. (i) The appearance of ethanol resistance was accompanied by trehalose accumulation. (ii) Mutant cells unable to synthesize trehalose also were unable to develop resistance. (iii) Mutant cells that accumulated trehalose during growth on sugars were resistant to ethanol even under this nonstressing condition. (iv) Mutant cells unable to synthesize Hsp104 were able to develop resistance. We conclude that trehalose is the major factor in the protection of endocytosis from ethanol. Our results suggest another important physiological role for trehalose in yeast.

The *Saccharomyces* spp. are resistant to alcohol and can grow in the presence of 8 to 12% (vol/vol) alcohol and survive exposure to up to 15% alcohol (19). However, in spite of this high resistance to ethanol, there is at least one pathway, endocytosis, in yeast cells that is remarkably sensitive to ethanol. Endocytosis in *Saccharomyces* spp. is strongly inhibited by 2 to 6% (vol/vol) concentrations of ethanol, which are well below those often present in their natural habitats (28). This remarkable sensitivity to ethanol raises the question of the physiological relevance of endocytosis in yeast. Endocytosis is the mechanism whereby eukaryotic cells internalize their own plasma membrane proteins and macromolecules from the external environment (for a review, see reference 13). In animal cells, endocytosis is involved in functions such as nutrition, hormone response, immune defense, and membrane conservation. In yeast cells, endocytosis is involved in mating, which is initiated by binding and internalization of the secreted α- and α-factors to receptors located on the plasma membrane (for a review, see reference 30), and the reconstruction of the plasma membrane, which is initiated by changes in nutritional conditions that trigger internalization and degradation of plasma membrane proteins, usually unnecessary nutrient transporters (15, 18, 20, 31, 41, 42, 53). As both functions are important for yeast survival, endocytosis is probably an important process in yeast and, therefore, this organism should have developed some means to circumvent the inhibition of endocytosis by ethanol.

Our objective in this study was to identify this avoidance mechanism by determining the conditions under which endocytosis is resistant to ethanol and the factor(s) responsible for the resistance. We used the maltose transporter as the main experimental model.

Under enological conditions, yeast fermentation slows down when the nitrogen source is consumed and the medium still contains high sugar concentrations. This slowdown is accompanied by endocytosis and degradation of the sugar transporters (18, 20, 26, 27, 37, 40, 46). We hypothesize that endocytosis is resistant to ethanol under this stress condition. Our results confirmed this possibility and also showed that endocytosis is resistant to ethanol during growth on nonfermentable substrates. Under stress conditions, Saccharomyces accumulates small organic compounds and heat shock proteins (Hsps) to protect cells against damage (39, 45). In Saccharomyces cerevisiae, Hsp104 and the disaccharide trehalose are the two main stress protectors (9, 11, 48). Trehalose preserves the integrity of biological membranes (8), stabilizes proteins in their native state (52), and suppresses the aggregation of denatured proteins, maintaining them in a partially folded state from which they can be reactivated by Hsp104 (52). We investigated the role of these two stress protectors in the tolerance of endocytosis to ethanol by using mutants deficient in the synthesis or degradation of trehalose or in the synthesis of Hsp104. Our results suggest another important physiological role for trehalose in yeast.

MATERIALS AND METHODS

**Reagents.** D-[^U-14C]maltose, D-[^U-14C]galactose, and enhanced chemoluminescence reagents were from Amersham International (Little Chalfont, United Kingdom). The goat anti-rabbit antibody-peroxidase conjugate was from Fisher Chemicals (Loughborough, Leicester, United Kingdom). The scintillation cocktail was from Fisher Chemicals. The yeast nitrogen base (YNB) media were from Difco Laboratories (Detroit, Mich.). All other reagents were of analytical grade.

**Plasmids.** Two plasmids were used: pA3hygB#1, which is an integrative plasmid carrying the MAL61 gene under the control of the ADH1 promoter (provided by Paul Klaassen, Gist-Brocades, Delft, The Netherlands), and pRM1-1, which is a multicopy plasmid carrying the inducible MAL34 promoter (43).

**Yeast strains.** Genotypes of the strains used are given in Table 1. Synthesis of the galactose transporter requires the presence of galactose (23). We used a gal80 mutant to constitutively express the galactose transporter. The TPS1 gene encodes the small subunit of the trehalose-6-phosphate synthase–trehalose-6-phosphatase complex (3), and disruption of this gene blocks trehalose synthesis. tps1Δ mutant cells are deficient in trehalose accumulation and do not catabolize glucose because of a disorder in the glycolytic flux. This disorder is probably

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related to the lack of trehalose-6-phosphate, which is an inhibitor of hexokinase II (5). Deletion of the gene encoding hexokinase II restores the ability of tp1Δ cells to use glucose (17). Glucose is required as an energy source for endocytosis, and the double-mutant strain tp1Δ hsp1Δ was used to meet this requirement. Hydrolysis of trehalose is catalyzed by an acid trehalase located in the vacuole, Nth1p, and two neutral trehalases located in the cytosol, Nth2p and Nth2p (33). Nth1p is the major enzyme responsible for trehalose degradation in vivo, and Nth1Δ mutant cells contain high levels of trehalose even under nonstressing conditions (34, 35). HSP104 encodes Hsp104, which is highly expressed under some stressing conditions (24) and is required for yeast to survive ethanol stress (49).

**Growth conditions.** ATCC 42407 and hsp104Δ-LEU were transformed with the integrative plasmid pA33hygB#1. The transformed cells transported maltose at the same rates as did maltΔ wild-type cells. These cells, as well as the gal80 mutant strain X106-3D, were grown at 30°C in a rotary shaker (200 rpm) in a rich medium containing 2% peptone and 1% yeast extract. All other strains were transformed with the multicopy plasmid pRM1-1. The transformed strains that grew and transported maltose in the presence of 2% ethanol from the suspension was divided into aliquots and 0 (A), 0 to 3 (B), or 3 to 4 (C) h of incubation at 30°C, the cells were washed, and resuspended in ammonium-free medium containing 2% glucose. After 3 h of incubation at 30°C, the suspension was divided into aliquots and the cells were treated as described above. By the end of the experiments, the glucose remaining in the medium was >1%.

**Endocytosis measurements.** Internalization of the maltose and galactose transporters, the first step of endocytosis, was measured by monitoring the decrease in the rate of transport activity with radioactive sugars (18, 28). Endocytosis was also measured by monitoring the disappearance of the transporters from the plasma membrane by immunoblotting purified plasma membrane preparations (28). It is well established that under the used experimental conditions, i.e., in the absence of de novo protein synthesis, the decrease in transporter content is due to endocytosis (18, 28).

**Transport activity measurements.** To measure transport activity, the cells were harvested, washed, and resuspended at 40 mg (dry weight) of yeast cells/ml in 100 mM tartaric acid adjusted to pH 4.2 with Tris in the case of the maltose transporter or 50 mM potassium phosphate (pH 6.0) in the case of the galactose transporter. Aliquots of 50 ml, containing 2 mg (dry weight) of yeast, were added to 5 ml of 45 mM labeled maltose or galactose (0.5 mM/mmol) and incubated at 20°C for 15 s. Sugar uptake was stopped by the addition of 10 ml of chilled water (4°C). After rapid filtration, the cells and filters were washed with 10 ml of chilled water and immediately submerged in liquid scintillation cocktail and the radioactivity was counted. As previously described, internalization of these transporters follows first-order kinetics (18, 28, 40).

**RESULTS**

**Endocytosis in nitrogen-starved cells.** We shifted exponentially growing cells to media lacking a nitrogen source but containing glucose and different concentrations of ethanol (Fig. 1A). We found that after about 1 h of nitrogen starvation, the maltose transporter was inactivated at rates that were inversely proportional to the concentration of ethanol present, i.e., the higher the ethanol concentration, the lower the rate of inactivation. This protein is inactivated by its internalization during endocytosis (40), so these results show, as found previously (28), that the rate of endocytosis of this transporter was inhibited by ethanol. The effect of ethanol tended to disappear as the starvation period increased. Endocytosis of the transporter in the absence of ethanol occurred at a constant rate (Fig. 1A). In the presence of ethanol, however, the rate of endocytosis appeared to accelerate until, in the case of 2% ethanol, it became equal to the rate observed in the absence of alcohol (Fig. 1A).

These results show that nitrogen-starved cells incubated in the presence of ethanol developed a tolerance of endocytosis to ethanol. We also incubated cells for 3 h in the absence of ethanol before testing the ethanol effect (Fig. 1B) and found that in the absence of alcohol, the cells still developed tolerance. This result was particularly evident in the case of 2% ethanol, since after 3 to 4 h of nitrogen starvation, in either the presence (Fig. 1A) or absence of ethanol (Fig. 1B), endocytosis...
Tolerance to ethanol in growing cells. We grew cells on glucose, ethanol, or glucose plus ethanol, transferred them to ammonium-free medium with and without 6% ethanol, and measured endocytosis. We found that 6% ethanol inhibited endocytosis of the transporter by more than 90% in cells grown on glucose (Fig. 2A and D) or on glucose in the presence of ethanol (Fig. 2B and E) but that no inhibition occurred in cells grown on ethanol (Fig. 2C and F). The intensity of the transporter band was plotted in arbitrary units (dark symbols) (A through C). The experiment was repeated three times. Differences between the two values were <10%. Representative data from one experiment are shown.

We also used glycerol as the carbon source and measured endocytosis of the maltose and galactose transporters. The galactose transporter is another plasma membrane protein marker for endocytosis (28). As in the case of the maltose transporter, 6% ethanol inhibited endocytosis of the galactose transporter in cells grown on glucose by more than 90% (Fig. 3A), but almost no inhibition was seen in cells grown on ethanol (Fig. 2B) or on glycerol (Fig. 3C and data not shown). The low rate of galactose transport in glucose-grown cells (Fig. 3A), but almost no inhibition was seen in cells grown on ethanol (Fig. 2B) or on glycerol (Fig. 3C and data not shown). The low rate of galactose transport in glucose-grown cells (Fig. 3A) can be explained by the repressor effect of glucose on the expression of the galactose transporter (23).

These results show that growing cells also may develop tolerance to ethanol, although in this case, the appearance of tolerance required utilization of a nonfermentable substrate. Trehalose levels in growing and nitrogen-starved cells. The appearance of ethanol tolerance in nitrogen-starved cells (Fig. 1A) was accompanied by accumulation of trehalose (Fig. 1C). The high tolerance to ethanol observed in ethanol-starved cells, which lack neutral trehalase, in maltose and suspended in ammonium-free medium containing 2% glucose (A and D), 2% glucose plus 2% ethanol (B and E), or 2% ethanol (C and F) was harvested, suspended in ammonium-free medium containing 2% glucose in the absence (C) or presence of 6% ethanol (E and F), and incubated at 30°C. At the indicated times, measurements of transport activity (open symbols) (A through C) and immunoblots of the transporter using purified plasma membrane preparations (D through F) were performed. The intensity of the transporter band was plotted in arbitrary units (dark symbols) (A through C). The experiment was repeated three times. Differences between the two values were <10%.

Endocytosis in a mutant strain unable to accumulate trehalose. In a tps1Δ mutant with completely blocked trehalose synthesis (5), the inhibition of endocytosis by ethanol remained constant for at least 8 h under nitrogen starvation (Fig. 4B). In the isogenic TPS1 strain, which accumulates large amounts of trehalose, about 300 μmol of trehalose/g (dry weight) of cells (Fig. 4C), the inhibition disappeared in less than 5 h under starvation (Fig. 4A).

Endocytosis in a mutant deficient in neutral trehalase. We grew nth1Δ cells, which lack neutral trehalase, in maltose and found that these cells, which contained 100 μmol of trehalose/g (dry weight) of cells, had a substantially lower inhibition of endocytosis by ethanol than did the isogenic NTH1 cells, which contained only 7 μmol of trehalose/g of cells (Table 2).
constant (Fig. 5C and D). The levels of trehalose in hsp104

Differences between the two values were

suspension taken every 20 min. Data are mean values of two experiments.

started immediately after suspension in ammonium-free medium, was monitored

free medium in the absence or presence of ethanol at the indicated concentra-

containing 2% maltose and the required amino acids, suspended in ammonium-

water and ethanol in yeast membranes. However, in contrast to

ularly sensitive to these changes (28). Trehalose can displace

may affect membrane functions, with endocytosis being partic-

role and, in doing so, alter the structure of the membrane, the

interactions between lipids and proteins, and the positioning of

two factors.

Hsp104, in concert with other Hsps, acts only as a protein

isfied both predictions, indicating that trehalose is a major

dition. The results obtained with

sugars, should resist ethanol even under this nonstressing con-

of trehalose, which accumulates trehalose during growth on

endocytosis to ethanol inhibition was accompanied by a high

and Hsp104 (9, 11, 48).

We found that in all cases examined, high resistance of

dency to ethanol inhibition was accompanied by a high

intracellular level of trehalose and that low resistance was

accompanied by a low level of this disaccharide. These results

suggest that trehalose may play a role in the resistance. For this

hypothesis to be correct, two predictions must be satisfied: first,

a mutant unable to synthesize trehalose should be unable to

resist ethanol and second, a mutant deficient in the hydrolysis

of trehalose, which accumulates trehalose during growth on

sugars, should resist ethanol even under this nonstressing con-

dition. The results obtained with gsp1Δ and nth1Δ strains satis-

fied both predictions, indicating that trehalose is a major

factor in the protection of endocytosis from ethanol. Results

obtained with a mutant strain which lacks Hsp104 ruled out a

role for this protein in ethanol protection. Unlike trehalose,

which acts as both a protein and membrane protector (1, 52),

Hsp104, in concert with other Hsps, acts only as a protein

protector (14). These differences in their functions are proba-

bly responsible for the different effects on endocytosis of the

two factors.

Water plays an important role in the structure of biological

membranes by penetrating the lipid bilayer and forming hy-

drogen bonds with the polar groups of phospholipids (for re-

view, see reference 8). Ethanol may substitute for water in this

role and, in doing so, alter the structure of the membrane, the

interactions between lipids and proteins, and the positioning of

these molecules in the membranes (2, 8, 19). These changes

may affect membrane functions, with endocytosis being partic-

ularly sensitive to these changes (28). Trehalose can displace

water and ethanol in yeast membranes. However, in contrast to

the situation for ethanol, the formation of hydrogen bonds

between the hydroxyl groups of trehalose and the polar groups

of lipids stabilizes the membrane (8).

Lipids are important for both the structure and function of

yeast membranes and are differently distributed in the two

halves of the lipid bilayer (10). Concerning endocytosis, syn-

thesis of ergosterol and ceramide has been shown to be re-

quired for the internalization step in yeast cells (42). In addi-

tion, many proteins involved in endocytosis have lipid-binding

domains (for review, see reference 42). Therefore, the ability

of trehalose to displace ethanol from plasma membrane lipids

and to stabilize its structure (8) might be responsible for its

role in the tolerance of endocytosis to ethanol and possibly in

the tolerance to other types of stress which affect the plasma

membrane (9, 12, 51).

Endocytosis in yeast may be inhibited during exponential
growth on fermentable carbon sources even when only mod-

erate concentrations of ethanol are present. That this inhibit-

ion is not deleterious to growth suggests that the two functions

involving endocytosis in S. cerevisiae, mating and turnover of

plasma membrane proteins, are dispensable under these nu-

tritional conditions. The available information supports this

hypothesis (4, 21). However, under field conditions, yeast cells

spend most of their time not in logarithmic growth but in the

stationary phase, starving for one or several nutrients (54, 55).

Under these conditions, mating, which allows sporulation (30),

and turnover of plasma membrane proteins, which allows ad-

aptation to new nutrients (15, 18, 20, 31, 40, 41, 53), could be

critical for survival and effective competition with other orga-

nisms. Therefore, trehalose accumulated during nutrient star-

vation in yeast cells could be essential for the occurrence of

endocytosis and its related functions, i.e., mating and plasma

membrane turnover, when these two functions are required and high concentrations of ethanol are present in the

medium.

Discussion

Endocytosis in yeast is inhibited by low concentrations of

ethanol. In spite of this inhibition, endocytosis appears to take

place under endological conditions when high concentrations of

ethanol are present. We identified two conditions under which

denocytosis is resistant to ethanol: fermentation in the absence

of a nitrogen source and growth on a nonfermentable sub-

strate. These nutritional conditions are stress conditions under

which yeast accumulates stress protectors, primarily trehalose

and Hsp104 (9, 11, 48).

TABLE 2. Effect of ethanol on the internalization rate of the

maltose transporter in NTH1 wild-type cells

and nth1Δ mutant cells

<table>
<thead>
<tr>
<th>Ethanol concn (%)</th>
<th>Inhibition by ethanol (%) of the internalization rate in:</th>
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<tbody>
<tr>
<td></td>
<td>NTH1 cells</td>
</tr>
<tr>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>55</td>
</tr>
<tr>
<td>4</td>
<td>70</td>
</tr>
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<td>6</td>
<td>90</td>
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a Strains YS18 and YSN1 were harvested during growth in YNB medium containing 2% maltose and the required amino acids, suspended in ammonium-free medium in the absence or presence of ethanol at the indicated concentrations, and incubated at 30°C. The rate of internalization, which in these strains started immediately after suspension in ammonium-free medium, was monitored over the first 2 h by measuring maltose transport activity in samples of the suspension taken every 20 min. Data are mean values of two experiments. Differences between the two values were <10%.

FIG. 5. Inhibition of endocytosis by ethanol in a mutant strain unable to accumulate Hsp104. Strain hsp104Δ-LEU grown in rich medium containing 2% glucose (A and C) or 2% ethanol (B and D) was harvested and suspended in ammonium-free medium with 2% glucose (A and C) or presence of 6% ethanol (C, D) and incubated at 30°C. Measurements of transport activity (open symbols) (A and B) and immunoblotting of the transporter using purified plasma membrane preparations (C and D) were achieved. The intensity of the transporter band was plotted in arbitrary units (A and B) (dark symbols). The experiment was repeated twice. Differences between the values were <10%. Data from one representative experiment are shown.
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