Insights into the Mode of Action of Benzyl Isothiocyanate on Campylobacter jejuni

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Campylobacter jejuni is a widespread pathogen responsible for most of the food-borne gastrointestinal diseases in Europe. The use of natural antimicrobial molecules is a promising alternative to antibiotic treatments for pathogen control in the food industry. Isothiocyanates are natural antimicrobial compounds, which also display anticancer activity. Several studies described the chemoprotective effect of isothiocyanates on eukaryotic cells, but the antimicrobial mechanism is still poorly understood. We investigated the early cellular response of C. jejuni to benzyl isothiocyanate by both transcriptomic and physiological approaches. The transcriptomic response of C. jejuni to benzyl isothiocyanate showed upregulation of heat shock response genes and an impact on energy metabolism. Oxygen consumption was progressively impaired by benzyl isothiocyanate treatment, as revealed by high-resolution respirometry, while the ATP content increased soon after benzyl isothiocyanate exposition, which suggests a shift in the energy metabolism balance. Finally, benzyl isothiocyanate induced intracellular protein aggregation. These results indicate that benzyl isothiocyanate affects C. jejuni by targeting proteins, resulting in the disruption of major metabolic processes and eventually leading to cell death.

Food-borne diseases are a major public health concern. In Europe, Campylobacter jejuni remains the most detected bacterial pathogen on fresh broiler meat and the major cause of human bacterial gastrointestinal disease. C. jejuni colonizes asymptomatically the gut of several farm animals, mainly poultry. C. jejuni is therefore highly prevalent in broiler flocks and persists through different stages of food production until the consumption of contaminated meat (1).

In humans, campylobacteriosis results in severe diarrhea, abdominal pain, nausea, and fever (2). Moreover, campylobacteriosis has been associated with long-term complications such as Guillain-Barré syndrome, a neurological disorder that can result in paralysis, respiratory failure, or even death (3).

Food products can be treated with antimicrobial compounds or sanitizers to limit contamination by food-borne pathogens. However, the use of antibiotics remains controversial due to the rapid development of antibiotic resistance among many common pathogens, including C. jejuni (4, 5). As an alternative, natural antimicrobials have been used for centuries to protect food products from bacterial or fungal spoilage (6). Among them, isothiocyanates (ITCs) are promising molecules with antimicrobial activities against a large number of microorganisms (7–9). The safety of allyl isothiocyanates (AITCs) as a food additive compound was previously demonstrated (10). In fact, AITCs extracted from plant sources are already authorized as natural food preservatives in Japan (11). Interestingly, ITCs have also been reported to display anticancer activity in humans (12). Because of the antimicrobial and anticancer properties of ITCs, several studies have proposed the use of ITCs as food preservatives (11, 13–16).

ITCs are products of the degradation of plant glucosinolates by the enzyme myrosinase, found in plants and in microbes of the gut microbiota (17). Plants of the Brassicaceae family produce glucosinolates; these plants include wasabi, horseradish, and broccoli. The general structure of ITCs is R–N––C––S, with a highly electrophilic carbon atom, allowing them to react readily with cellular thiols such as cysteines in proteins and low-molecular-weight thiols (especially glutathione), resulting in dithiocarbamate derivatives. This modification leads to a loss of protein structure and function.

In eukaryotes, ITCs react with a large number of proteins containing cysteines involved in inflammation, the stress response, cell cycle arrest, or apoptosis (12). ITCs also generate oxidative stress by depleting intracellular glutathione or damaging mitochondria (18). The inactivation of proteins and the associated oxidative stress lead to apoptosis. Interestingly, ITCs appear to be more toxic to malignant cells than to healthy ones (19, 20). In addition, at low concentrations, the prooxidant effect of ITCs on eukaryotic cells stimulates the antioxidant cellular response (18). Indeed, ITCs act as stress inducers in eukaryotes, whose overall effect is beneficial to the organism at relatively low doses. Nevertheless, ITCs exhibit cytotoxic effects at higher dosages (21).

In contrast to the large number of studies on the effects of ITCs on eukaryotic cells, little is known about the mode of action of ITCs on bacteria. ITCs appear to alter intracellular structures of Listeria monocytogenes (22) and provokes membrane protrusion on Aggregatibacter actinomycetemcomitans (9). A recent study identified the sax (survival in Arabidopsis extracts) genes to be involved in the resistance of Pseudomonas syringae to the ITC sulforaphane, produced by Arabidopsis plants (23). However, the mechanism of sax-mediated resistance to ITCs remains unknown. The ITCs iberin and sulforaphane have been identified as quorum-sensing-inhibiting compounds in Pseudomonas aeruginosa (24, 25). Additionally, an in vitro study demonstrated that AITC...
inhibits the enzymatic activity of _Escherichia coli_ thioredoxin and acetate kinase (26).

To date, the only study characterizing the global response of bacteria exposed to ITCs consists of a whole-transcriptome analysis of _P. aeruginosa_ exposed to iberin (25). This work demonstrated the quorum-sensing-inhibiting effect of iberin but also the modulation of other cellular processes, including aerobic respiration. Among the upregulated genes were genes encoding oxidoreductases and the heat shock proteins GroEL and DnaK, suggesting a perturbation of the redox homeostasis and the presence of misfolded proteins. Iberin also induced the expression of the genes coding for the MexEF-OprN efflux pump and a glutathione S-transferase (GST); this suggests that efflux of ITCs and/or GST-glutathione detoxification of ITCs can be a resistance mechanism, as GSTs have been reported to be an ITC detoxification enzyme in _cyano_ bacteria (27) and eukaryotes (28).

In our previous study, we assayed the sensitivity of _C. jejuni_ to AITC and benzyl isothiocyanate (BITC) (29). BITC was bactericidal against _C. jejuni_ at low concentrations (with a minimal bactericidal concentration in Mueller-Hinton [MH] broth of 1.25 mg liter\(^{-1}\)). Since _C. jejuni_ does not possess the pathways for glutathione biosynthesis or GST-encoding genes (30), the cellular response of _C. jejuni_ to ITCs would likely be different from the response of _P. aeruginosa_.

A report by Davidson and Harrison highlighted the need for a better understanding of the mechanisms of action of natural antimicrobial compounds (31). The aim of the present work was to characterize the early response of _C. jejuni_ to BITC, using a genome-wide transcriptomic approach. This study demonstrates that exposure to BITC elicits a heat shock response and an oxidative stress response and induced the expression of genes involved in energy production and electron transport. In addition, we investigated the effect of BITC on oxygen respiration and ATP production by high-resolution respirometry and a luciferase-based assay. Finally, we examined the aggregation of proteins as a result of BITC exposure.

**MATERIALS AND METHODS**

_Bacterial strains, culture conditions, chemicals, and standard molecular biology procedures_. _C. jejuni_ NCTC11168 cells were grown at 37°C under microaerophilic conditions (10% O\(_2\), 5% CO\(_2\), and 85% N\(_2\)) in minimum essential medium α (MEMα) or DubBecco’s MEM (DMEM; Invitrogen) supplemented with 20 mM pyruvate, in MB broth, or on Columbia agar plates (Oxoid). BITC (Sigma) stock solutions were prepared in absolute ethanol.

**Survival assay.** _C. jejuni_ NCTC11168 cells were grown to mid-log phase (optical density at 600 nm [OD\(_{600}\)] of \(~0.2\)) in DMEM with 20 mM pyruvate before the addition of BITC in ethanol solution. Final concentrations ranged from 1 mg liter\(^{-1}\) to 5 mg liter\(^{-1}\). Alternatively, ethanol was added as a negative control. Samples were removed at different time points after treatment, and cells were immediately diluted and plated onto Columbia agar plates. The viability of _C. jejuni_ after BITC or ethanol treatment was determined by cell counting after 48 h of incubation under microaerophilic conditions.

**Total RNA isolation.** _C. jejuni_ NCTC11168 cells were cultured overnight in MB broth in biphasic flasks under microaerophilic conditions (83% N\(_2\), 4% H\(_2\), 8% O\(_2\), and 5% CO\(_2\)) at 37°C. Bacterial cultures were centrifuged, washed in phosphate-buffered saline (PBS), and resuspended in MEMα (Invitrogen) supplemented with 20 mM sodium pyruvate to an OD\(_{600}\) of 0.05 in 25 ml. A total of 2 mg liter\(^{-1}\) BITC in ethanol (BITC treatment) or ethanol (control) was added to _C. jejuni_ cells grown to mid-log phase (OD\(_{600}\) of 0.2). Ten or fifteen minutes following BITC or ethanol addition, a cold RNA degradation stop solution (2.5 ml of 10% buffer-saturated phenol [pH 4.3]) in ethanol) was added. Bacterial cells were harvested by centrifugation and resuspended in Tris-EDTA (TE) buffer, followed by total RNA isolation using the hot phenol-chloroform method, as described previously (32). Extracted RNA samples were treated twice with DNase I (Epicerent) and purified by using the RNasy kit (Qiagen), followed by PCR amplification to confirm the absence of contaminating genomic DNA. The Experion RNA STDSens Analysis kit (Bio-Rad Laboratories) was used to quantify RNA and confirm RNA integrity.

**Microarray hybridization and data analysis.** Preparation of fluorescence-labeled cDNA and microarray slide hybridization were performed as described previously (32). Briefly, each of the 16-μg extracted RNA samples was reverse transcribed by using Superscript II (Invitrogen) in the presence of random hexamers and aminooallyl-dUTP. The aminooallyl-labeled cDNA was purified by using Micron YM-30 spin columns (Millipore) prior to fluorescent labeling by coupling with Cy3 or Cy5 nonreactive fluorescent dyes (CyDye Fluor; Amersham), according to a method described previously (32). Fluorescently labeled cDNA samples from the BITC-treated and nontreated _C. jejuni_ cells were combined and processed for hybridization. Microarray slides (32, 33) consisting of PCR products for each open reading frame of _C. jejuni_ NCTC11168 were prepared for hybridization. The fluorescently labeled, pooled cDNA samples were hybridized to the microarray slide as described previously (32). The slides were scanned at a 10-μm resolution with a PerkinElmer ScanArray Express laser-activated confocal scanner. Next, the obtained data were normalized by using MIDAS software (available from the J. Craig Venter Institute [http://www.jcvi.org/cms/research/software/]) and locally weighted linear regression (Lowess), as described previously (32). The ratio of the fluorescence intensity values in the Cy3 channel to those in the Cy5 channel was calculated and converted into a log\(_2\) value. Statistical analysis was performed by using the Bayes empirical method (32) with CyberT software (http://molgen51.biol.rug.nl/cybert/). Genes were considered significantly differentially expressed with Bayesian \(P\) values of \(<10^{-4}\) and a fold change of at least 1.5 for at least one of the two time points. Genes were clustered according to their expression profiles by using Genesis software (http://genome.tugraz.at/). For the 15-min time point, two independent RNA extractions were performed, and each sample was hybridized to three microarray slides. For the 15-min time point, RNA extraction was performed in triplicates, and each sample was hybridized to three microarray slides.

**ATP assay.** _C. jejuni_ NCTC11168 cells were grown to mid-log phase in DMEM with 20 mM pyruvate. BITC (2 mg liter\(^{-1}\) or 5 mg liter\(^{-1}\)) or ethanol (negative control) was added to the cultures. The ATP content was assayed at 15, 30, 60, 90, and 120 min after BITC or ethanol addition by using the BacTiterGlo kit (Promega) according to the manufacturer’s instructions. Culture medium with or without added BITC or ethanol was used as a blank. The ATP content was measured three times on three distinct bacterial cultures with a Lumicount luminescence microplate reader (Packard). The average noise signal was subtracted from each value, and the results were expressed as relative light units (RLU). A Student \(t\) test with a significance value of 0.05 was used for statistical analysis of the results.

**Respirometry.** The oxygen concentration was measured by high-resolution respirometry with the Oroboros Oxigraph-2k instrument (34), in a standard configuration, with a 2-ml volume of the two chambers, a temperature of 37°C, and a 500-rpm stirrer speed. Data were recorded at 1-s intervals by using Datlab 4 Acquisition software (Oroboros, Innsbruck, Austria). Standardized calibration procedures for the oxygen signal were carried out by using DMEM supplemented with 20 mM pyruvate. Respiration was automatically corrected for contributions of the polarographic oxygen sensor and of oxygen diffusion to the total apparent respiration, as a continuous function of the oxygen concentration (35).

_C. jejuni_ cells grown at 37°C under microaerobic conditions (Campygen; Oxoid) were harvested in the exponential growth phase (OD\(_{600}\) = 1). Since_...
isolation of protein aggregates. C. jejuni cells were grown to mid-log phase in 500 ml DMEM–20 mM pyruvate before the addition of 1 ml BITC to reach a final concentration of 2 mg liter$^{-1}$ or 5 mg liter$^{-1}$ BITC or before the addition of 1 ml ethanol as a negative control. Samples of 100 ml were removed after 15 min, 1 h, or 2 h for extraction and purification of protein aggregates, according to a method described previously by Tomoyasu et al. (36). Isolated protein aggregates were then analyzed on a 12% (wt/vol)-acrylamide SDS-PAGE gel followed by Coomassie staining, as previously reported (37). Aggregated proteins and total proteins were quantified by using a bicinchoninic acid (BCA) assay (Thermo Scientific).

Microarray data accession number. Microarray data were deposited in the Gene Expression Omnibus database under accession number GSE45823.

RESULTS

Survival of C. jejuni in the presence of BITC. To study the early response of C. jejuni to BITC, we monitored its survival against low concentrations of BITC following short exposure times. In our previous study (29), a concentration of 1.25 mg liter$^{-1}$ was found to be bactericidal to C. jejuni NCTC11168 after 18 h of exposure in MH medium. As shown in Fig. 1, a concentration of 2 mg liter$^{-1}$ of BITC did not noticeably affect the viability of C. jejuni NCTC11168 with up to 2 h of exposure. However, each assayed concentration caused a loss of viability of $>3$ log CFU ml$^{-1}$ after longer exposure times (Fig. 1). Therefore, a concentration of 2 mg liter$^{-1}$ appeared appropriate to study the early response to BITC, as it affects cell viability only after

FIG 1 Survival rate of C. jejuni NCTC11168 exposed to BITC. Cells were grown in DMEM–20 mM pyruvate at 37°C under microaerobic conditions, and BITC was added to final concentrations of 1 to 5 mg liter$^{-1}$ (solid lines). Ethanol (dashed lines) was added as a negative control. Viable cells were enumerated at 1 h, 2 h, 6 h, or 24 h after BITC or ethanol addition. The experiment was performed twice with technical assays. Each dot represents the mean of 4 data points with standard deviations.
prolonged exposure while still impacting importantly the cell physiology. The *C. jejuni* to BITC. A microarray approach was used to assess the early transcriptomic response of *C. jejuni* to BITC. The transcription of 81 genes was significantly modulated after exposure to 2 mg liter\(^{-1}\) BITC for 10 min or 15 min, as shown in Table 1.

The most highly induced genes were involved in the heat shock response. The clpB gene encodes an ATP-dependent chaperone/disaggregator. In *Escherichia coli*, ClpB works with the DnaK-GrpE-DnaJ complex to disaggregate misfolded proteins by refold- ing them (38–40). In *C. jejuni*, the transcript level of clpB has been found to be induced following a temperature shift from 37°C to 42°C (41) and is known to be regulated by the heat shock regulator HsPR (42). Six other genes encoding heat shock proteins are upregulated by BITC treatment. Among them, the genes encoding the heat shock proteins HrcA, DnaK, and GrpE have been suggested to be cotranscribed with and regulated by HsPR via the HsPR-associated inverted repeat (HAIR) binding site of the hrcA promoter (42). DnaK is a chaperone required for the ClpB-mediated refolding of aggregated proteins (40). GrpE is a cochaperone required for DnaK activity and a nucleotide exchange factor that allows the release of ADP after ATP hydrolysis by DnaK (43). HrcA is a heat-inducible transcriptional repressor responsible for the regulation of the expression of the GroES/EL chaperones (42).

BITC treatment increased the expression level of the groES gene, whereas the groEL gene was also upregulated by BITC treatment but did not appear in our final results due to an expression level increase just under our 1.5-fold-change cutoff value. Both genes are cotranscribed in an operonic structure in *Helicobacter pylori* (44) and are colocalized in *C. jejuni*. The GroES/GroEL complex is a chaperone involved in protein folding during the stress response and protein synthesis (45, 46).

In *E. coli*, cbpA encodes a DnaJ-like protein acting as a cochaperone with DnaK and was found to be upregulated in our study (47). Furthermore, cbpA was suggested to be the major DnaJ protein in *C. jejuni* (42). The Cj0760 gene (1.78- and 1.92-fold changes at 10 and 15 min, respectively) is located downstream of the hrcA-grpE-dnaK locus and has been shown to be a part of the HsPR regulon (42). HrcA is also a transcriptional repressor of genes encoding heat shock proteins. The hrcA gene is upregulated by BITC exposure, but the overexpression of the heat shock response can also be explained by posttranscriptional regulation by HcrA. The folding of HcrA into an active conformation needs the assistance of GroEL/GroES chaperones which are titrated away by the increased levels of unfolded proteins (48).

Another interesting set of upregulated genes encodes several proteins involved in the oxidative stress response, including sodB, rrc, and Cj0379c. The sodB gene encodes the sole superoxide dismutase in *C. jejuni*, which is crucial for oxidative stress defenses and host colonization (49, 50). Rrc is a rubredoxin oxidoreductase/rubrerythrin-like protein, which is very sensitive to oxidative stress (51). Rubredoxin and rubrerythrin are involved in the detoxification of reactive oxygen species (ROS) in bacteria (52–54). The Cj0379c gene codes for a putative sulfite oxidase, which is involved in the detoxification of reactive nitrogen species (55).

In addition, genes involved in iron-sulfur cluster homeostasis were upregulated by ITC treatment. The Cj0239c gene codes for a NifU protein homologue and is potentially involved in the assembly of iron-sulfur clusters (56), which are highly sensitive to damage by oxygen radicals. The thioredoxin-encoding gene *trxA*, induced by BITC, is also involved in Fe-S cluster assembly (57) and in many other cellular processes, such as oxidative stress responses and the biosynthesis of macromolecules. In contrast, the dsbI gene, involved in the formation of disulfide bonds of periplasmic proteins, is downregulated after BITC exposure.

Exposure to BITC also induced the expression of a large number of genes involved in electron transport and energy metabolism. Sixteen upregulated genes are involved in the use of alternative electron donors (hydrogen, succinate, gluconate, and lactate) and acceptors (fumarate, trimethylene N-oxide [TMAO]/di- methyl sulfoxide [DMSO], and nitrate): *hydABC* (Ni-Fe hydrogenase), *frdABC* (fumarate reductase), *Cj0414-Cj0415* (glutonate dehydrogenase), *napA* (nitrate reductase), *napG* (nitroreductase), *Cj0074-Cj0075c* (*l*-lactate oxidase), *Cj1514c* (FdhM, required for formate dehydrogenase activity), Cj0264c (*torA*), and the putative cytochromes Cj0037c, Cj1153, and Cj0265c (55, 58–60).

Treatment with BITC also induced the expression of genes involved in the tricarboxylic acid (TCA) cycle and other metabolic pathways. All these gene products mediate a link between the central carbon metabolism and respiration or redox homeostasis. The upregulated *actnB* and *ibvD* genes encode metabolic enzymes, which have been reported to be inactivated by oxidation (61–63). AspA and DcuA play a crucial role in amino acid utilization and fumarate respiration during oxygen-limited growth (64).

*Cj0559* is a homologue of *fjpB* in *H. pylori* (65), which encodes a flavodoxin:quinone reductase responsible for flavodoxin oxidation coupled to NADPH production, in association with the pyruvate:flavodoxin oxidoreductase (PFOR) (encoded by Cj1476c). Interestingly, flavodoxin in *C. jejuni* is an electron acceptor for 2-oxoglutarate oxidoreductase (OOR), involved in the tricarboxylic acid cycle, but is also an electron donor for the complex I-mediated respiratory pathway and therefore functions as an intermediate between central carbon metabolism and the electron transport chain (66). The PFOR and OOR enzymes are oxygen labile and therefore contribute to the microaerophilic phenotype of *C. jejuni* (67).

Among the downregulated genes, two are involved in the gluconeogenesis pathway (*gapA* and *fbzA*). The downregulation of gluconeogenesis while other genes involved in energy metabolism are upregulated suggests that under these conditions, the metabolism is oriented toward energy production via the tricarboxylic acid cycle.

The *atpE* gene is slightly upregulated after 10 min of BITC exposure (fold change, 1.52), while the *atpAGD* genes are downregulated after 15 min of treatment. The *atpE* gene codes for the c-ring subunit of the F, F, ATP synthase, encoded by *atpAGDEF-FGH*. The *atpE* gene is usually more expressed than the other *atp* genes (68, 69).

BITC treatment downregulates the expression of 11 genes involved in ribosome assembly (*tprCEGQDX pflERB*), ribosome modification (*ksA* and *Cj1710c*), and translation processes (the elongation factors *fasA* and *tuf*). Downregulation of genes involved in ribosome biosynthesis and translation may indicate a translational pause after BITC exposure, as has been observed with several stress responses (70, 71).

**BITE-mediated aggregation of proteins.** The transcriptomic response of *C. jejuni* to BITC indicated the upregulation of genes encoding heat shock proteins, including chaperones. Therefore,
<table>
<thead>
<tr>
<th>Gene and category</th>
<th>Gene product and/or function</th>
<th>Fold change (log₂)</th>
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<tr>
<td>Heat shock response</td>
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<tr>
<td>clpB</td>
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we investigated the aggregation of proteins in bacterial cells following BITC treatment. The effect of BITC on protein aggregation was assayed after 15 min, 1 h, and 2 h of treatment. Aggregated proteins were separated from soluble and membrane proteins prior to electrophoresis (Fig. 2). The relative amount of aggregated protein compared to the total protein content of the same sample was calculated (reported as the percentage of total proteins gated protein compared to the total protein content of the same prior to electrophoresis (Fig. 2). The relative amount of aggregated proteins increased noticeably after 15 min or 1 ho f treatment. Aggregated proteins were below our detection limit following 15 min or 1 h of treatment.

**Effects on ATP content.** As BITC induced the expression of several genes involved in energy metabolism, the ATP content of C. jejuni cells treated with 2 mg liter\(^{-1}\) of BITC, 5 mg liter\(^{-1}\) of BITC, or absolute ethanol (control) was determined over a 2-h incubation period. The results were expressed as a percentage of the luminescence above the luminescence of the ethanol control (Fig. 3). After 15 min of treatment, the relative ATP concentration was 8 to 19% higher in BITC-treated cultures than in control cultures, in a dose-dependent manner. The ATP concentration continued to increase in BITC-treated cultures from 15 min to 90 min of exposure. After 90 min of exposure, the ATP concentrations in BITC-treated cultures were 17% (2 mg liter\(^{-1}\) BITC) and 45% (5 mg liter\(^{-1}\)) higher than those in the control cultures. Interestingly, after 120 min of BITC treatment, when noticeable cell death occurs (Fig. 1), the ATP content of BITC-treated cells dropped to the ATP contents of control cultures.

**Effects on oxygen consumption.** To further investigate the impact of BITC on electron transport pathways, high-resolution
respirometry was used to examine the effect of 2 mg liter⁻¹ of BITC on *C. jejuni* O₂ consumption (Fig. 4). The addition of ethanol (solvent control) did not affect *C. jejuni* O₂ consumption, which was maintained at high rates even at near-anoxic O₂ concentrations. Importantly, the addition of BITC was found to progressively affect *C. jejuni* O₂ consumption over time. Inhibition reached 30% and 50% after 15 and 25 min of treatment, respectively. Despite the strong inhibition of O₂ consumption, BITC-treated cells retained a high apparent O₂ affinity, as revealed by the respiration rate values at near-anoxic O₂ concentrations. A similar inhibition pattern was observed with 5 mg liter⁻¹ BITC, but the progressive impairment of O₂ consumption was more rapid (50% inhibition after a 10- to 12-min exposure to BITC [data not shown]). These data also illustrate the drastic and rapid (but progressive) effects of BITC on *C. jejuni* cells.

**DISCUSSION**

In order to gain a better understanding of the early response of *C. jejuni* to BITC, we analyzed the transcriptomic profile of *C. jejuni* 10 min and 15 min following treatment with 2 mg liter⁻¹ BITC. While this concentration is lethal, it impacts *Campylobacter* viability only following at least 2 h of exposure. Therefore, RNA was extracted from viable, living cells facing a relevant challenge.

The increased expression levels of several known heat shock genes in response to BITC treatment indicate that BITC triggers a heat shock response in *C. jejuni*. More precisely, BITC-induced genes are involved mainly in misfolded-protein repair. The up-regulation of *clpB*, *dnaK*, *grpE*, *cpbA*, and *groES* by *C. jejuni* exposed to BITC reveals the need for protein refolding. In *E. coli*, aggregated proteins are resolubilized in the presence of ATP by the ClpB chaperone-disaggregase, helped by the DnaK-GrpE-DnaJ system (72). In the case of *C. jejuni*, the complex can include CpbA, a DnaJ-like protein which has been suggested to be the major DnaJ protein in *C. jejuni* (42, 47). The GroES-GroEL complex can similarly contribute to the refolding of denatured proteins (46). Additionally, all the heat shock genes induced by BITC treatment are part of the HrcA and HspR regulons, as defined by Holmes et al. (42). Despite a global upregulation of every member of the HspR regulon, the *hspR* transcript was not differentially expressed in our study, consistent with the findings of Holmes et al. (42), who concluded that the activity of the repressor HspR is controlled posttranscriptionally. DnaK is required to stabilize HspR binding to its target DNA to repress its regulon (73).

In response to heat shock or similar stresses, such as ITC exposure, unfolded proteins compete with HspR for DnaK, resulting in decreased HspR activity. Therefore, we hypothesize that BITC treatment provokes protein unfolding, leading to the derepression of HspR-regulated genes through titration of the corepressor DnaK and of HcrA via the titration of GroEL/ES.

Misfolded proteins often form insoluble aggregates that can be isolated from soluble and membrane proteins by using a method developed previously by Tomoyasu et al. (36). As expected, a 2-h BITC treatment induced protein aggregation, which is in agreement with the upregulation of heat shock response genes. Specifically, genes encoding chaperones were upregulated within 10 min following exposure to BITC. While we were not able to isolate protein aggregates following 15 min or 1 h of exposure, the activity of these chaperones could have been sufficient to overcome the aggregation of proteins at early stages, so aggregated proteins in quantities large enough to be isolated may appear only after longer exposure times.

Interestingly, the whole-transcriptome profile of *P. aeruginosa* exposed to iberin conducted by Jakobsen et al. (25) showed a similar upregulation of *groEL* and *dnaK*. While no other heat shock proteins were induced in this study, the different methods and the chosen cutoff values for analysis could explain the discrepancies between the two studies. In eukaryotes, the sulforaphane analogue 6-methylsulfinyl hexyl isothiocyanate provokes thioisocarbamoylation of proteins, including the heat shock protein HSP90β, which results in the induction of the heat shock response (74) and the stimulation of proteasome activity (75). This shared heat shock induction in both prokaryotic and eukaryotic cells in
response to ITCs is likely caused by the molecule’s intrinsic chemistry. The electrophilic properties of ITCs enable them to react with cellular sulfhydryl groups, including cysteines in proteins, leading to a modification of the protein structure or activity. ITC can also react with amine groups but with a lesser affinity (76). Not all cysteines are capable of reacting with ITCs: hydrophobicity and steric hindrance influence the reactivity of cysteines toward electrophilic compounds (74, 77). We demonstrate in our study that BITC provoked sufficient protein modification to elicit the heat shock response and to induce noticeable protein aggregation in C. jejuni. The induction of the heat shock response was confirmed by the detection of aggregated proteins.

Enzymes harboring reactive cysteines or cysteines involved in metal coordination are putative targets of ITCs. Motifs such as CXXC, CXXX, or CXXT are commonly found in disulfide reductases or enzymes with metal coordination centers (78, 79). The oxygen requirement and oxygen sensitivity influence the number of enzymes with CXXC/CXXX/CXXT motifs; these motifs are found significantly more frequently in the proteins of microaerobes and anaerobes than in aerobic bacteria (80, 81). Indeed, approximately 40% of the proteins of C. jejuni contain at least one of these motifs (80); therefore, both the microaerophilic phenotype of C. jejuni and the large number of cysteine-based motifs encoded by its genome can explain the higher ITC sensitivity of this organism than of other prokaryotes such as P. aeruginosa (29; C. Bayssse, unpublished data). Given the ability of ITCs to react with thiol groups in cysteine residues and the large number of cysteine-containing proteins in the genome of C. jejuni, the protein modifications caused by ITCs are likely aspecific and would lead to pleiotropic physiological effects.

Our microarray study indicates that the Cj0239c gene (encoding a NiFU protein homologue) and thetrxA gene are induced by BITC. In bacteria and eukaryotes, thioredoxins maintain the redox balance of proteins by reducing disulfide bonds, therefore playing a pleiotropic role. The upregulation of Cj0239c andtrxA suggests the need for the reconstruction of Fe-S clusters and for the reduction of oxidized proteins. However, the activity of thioredoxins and other disulfide reductases relies on reactive cysteines that are potential targets for ITC inactivation. In E. coli, the inactivation of the activity of thioredoxin reductase by AITC was previously shown in vitro (26). Thus, the very same enzymes that are responsible for the maintenance of the redox status of proteins are inactivated by ITCs, which disrupt the oxidative state of thiols present within proteins.

Several major physiological processes, such as the tricarboxylic acid (TCA) cycle, respiration, oxidative stress defenses, or amino acid metabolism, involve redox reactions catalyzed by enzymes harboring reactive cysteines or iron-sulfur clusters. The BITC-mediated inactivation of proteins involved in these pathways may disrupt crucial metabolic functions and contribute to BITC-mediated killing. In mitochondria, ITCs inhibit O2 respiration, leading to reactive oxygen species (ROS) production and thus inducing an oxidative stress response (82–84). Here, we showed that BITC progressively impairs oxygen consumption in C. jejuni and induces the upregulation of the superoxide dismutase gene sodB (cluster A; 2.65- and 2.69-fold changes at 10 and 15 min after treatment), suggesting a superoxide ion-induced oxidative stress response in BITC-treated cells. Superoxide stress can also be generated during metabolic activity (85). The microaerophilic nature of C. jejuni contributes to its sensitivity to oxidative stress and ITCs. The genes encoding the rubredoxin oxidoreductase/ ruberythrin Rrc and the putative sulfide oxidase Cj0379c were also upregulated by BITC. These two proteins are potentially involved in the detoxification of reactive oxygen and nitrogen species, respectively. The induction of the expression of rrc and Cj0379c, along with sodB, corroborates the hypothesis of oxidative stress being induced by BITC.

The repair of misfolded proteins by chaperones requires a large amount of energy provided as ATP (86). According to our results, genes involved in energy production (TCA cycle and respiration) were induced by BITC, and the ATP content of cells was significantly increased within 15 min following BITC exposure. The increased metabolic activity may result from the increased energy demands of the stress responses but may also contribute to the generation of ROS. In addition, several key proteins involved in energy production are iron-sulfur cluster-containing hydratases or oxidoreductases, known to be sensitive to the oxidative damage induced by BITC exposure (61, 87). The inactivation of iron-sulfur-containing proteins may in fact hamper the metabolic effort needed to respond to BITC-triggered protein aggregation.

Further evidence of the suppression of oxygen use in response to BITC is further supported by shifts in the expression of genes involved in the use of alternative electron donors (hydrogen, succinate, gluconate, and lactate) and acceptors (fumarate, trimethylamine N-oxide [TMAO]/DMSO, and nitrate). This suggests that under these conditions, the cell drives the electron transport pathways toward non-oxygen-dependent respiration. Indeed, none of the complex I genes (nuo operon) and neither of the two oxygen-accepting terminal oxidases (the cytochrome cb1-type oxidase ccoNOQP and the cyanide-resistant oxidase ciaoB) were induced by BITC, while genes related to the use of nitrate (napAG) and fumarate (frdABC) as alternative electron acceptors were induced. Similar shifts in metabolism were observed for an E. coli mutant strain deleted for the three terminal cytochrome oxidase genes and therefore unable to use oxygen for oxidative phosphorylation and ATP synthesis. In this mutant, genes for anaerobic respiration were induced even under oxic conditions, as were glycolysis-related genes, probably to sustain ATP generation through substrate-level phosphorylation (88).

Reduced oxygen consumption following BITC treatment was also observed previously in Saccharomyces cerevisiae, Candida krusei, and Candida utilis by Koijima and Ogawa (89). In C. jejuni, the upregulation of metabolic genes and those involved in alternative electron transport pathways, as well as the potential inactivation of some energy-consuming enzymatic processes by ITC conjugation, may help to account for the higher levels of ATP in BITC-treated cells than in untreated cells despite the inhibition of oxygen consumption. In contrast, in E. coli, where oxygen is the preferential electron acceptor when grown aerobically, treatment with 2-(4-hydroxyphenyl)ethyl ITC decreased the ATP cellular content (90). The switch from oxygenic respiration to alternative electron transport pathways in C. jejuni may also help to prevent further formation of ROS by components of the electron transport chain.

From this, we conclude that BITC affects the functions of a large number of thiol-containing proteins in C. jejuni, leading to pleiotropic effects on metabolism, electron transport, and stress responses.

Taken together, our results allow us to propose a model for the mechanism of the antibacterial effect of BITC on C. jejuni. The
electrophilic BITC targets the thiols in proteins, leading to a loss of protein structure and function and thus displaying pleiotropic effects. A heat shock-like response allows chaperones to cope with the protein aggregates resulting from BITC conjugation with cysteine thiols or amine groups. The metabolic activity is shifted due to the inhibition of O$_2$ consumption in an attempt to maintain the energy needed for the stress responses and survival. Finally, disruption of the activity of disulfide reductases and electron transport provokes the generation of ROS, eliciting an oxidative stress response.

In eukaryotes and some prokaryotes, glutathione maintains the redox balance but can also form conjugates with ITC, either spontaneously or by the action of the enzyme glutathione S-transferase, thus limiting the interaction of ITC with other thiols in proteins. In mammals, the enzyme glutathione S-transferase forces the conjugation of ITC with glutathione to form soluble glutathione-ITC conjugates, which are then metabolized through the mercapturic acid pathway and excreted in the urine as S-(N-acetyl)cysteine conjugates (12). In the cyanobacteria Thermosynechococcus elongatus and Synechococcus elongatus, glutathione S-transferase of the chi class can catalyze the conjugation of ITC to glutathione at high rates (27). Additionally, a gene encoding a putative glutathione S-transferase is induced by iberin in P. aeruginosa (25). However, C. jejuni does not produce glutathione or glutathione S-transferases. Additionally, the inability of C. jejuni to synthesize glutathione may increase its sensitivity, since glutathione plays a known protective role toward ITC. To date, no detoxification pathways have been identified in C. jejuni, and the full characterization of potential pathways of ITC resistance in other bacteria remains incomplete.

To date, another probable mechanism of resistance to ITC is encoded by the sax operon but was described only for Pseudomonas syringae by Fan et al. (23). No homologues of the sax genes were found in C. jejuni. Our previous study revealed that the antibiotic resistance profiles of 24 C. jejuni isolates did not correlate with their sensitivity to ITCs (29). However, it cannot be excluded that some antibiotic resistance mechanisms, such as efflux pumps, may be effective in C. jejuni to detoxify ITC. Indeed, in P. aeruginosa, iberin induces the expression of the efflux system MexEF-OprN (25), but none of the genes encoding putative efflux pumps in C. jejuni were induced in our transcriptomic profile. Therefore, in the absence of an identified detoxification mechanism, we may consider that the reaction of ITC with proteins in C. jejuni would be limited by the rate of ITC decomposition (91) and the efficiency of formation of thiourea conjugates.

To our knowledge, the use of BITC as a food preservative has not yet been assessed, despite the greater antibacterial effect of BITC than of AITC on C. jejuni and other bacteria (29, 92) and its anticancerous properties (93–95). The concentrations of BITC needed to inhibit C. jejuni (8.37 μmol liter$^{-1}$) and human cancer cell lines (2.5 to 10 μmol liter$^{-1}$) are comparable (29, 96, 97). Although the pharmacokinetics of BITC in humans is unknown to our knowledge, studies on its structural analogue phenylethyl isothiocyanate suggest that such concentrations can result from dietary intake in humans and, thus, that the level of ITC dietary intake is supposedly safe (97–100). However, genotoxic effects of BITC at doses below 5 μg ml$^{-1}$ were reported in in vitro cell culture assays, while a weaker effect was observed in laboratory rodents in vivo (100). Nevertheless, it was demonstrated that BITC was detoxified by living organisms and that the doses of BITC reported to cause DNA damage in rodents largely exceeded the dietary exposure levels (100). However, experiments to determine the concentrations of BITC required for food protection and the genotoxicity of these BITC levels in animals remain to be done.

Given the sensitivity of C. jejuni toward ITCs in vitro and the absence of an identified detoxification mechanism, ITCs are promising antimicrobial compounds for the control of this pathogen in food products. ITC-based strategies to control the contamination of food products by pathogens such as Salmonella enterica serovar Typhimurium, Listeria monocytogenes, or Staphylococcus aureus have already proven their efficiency (11, 13–16, 101). The future development of an isothiocyanate-based approach to control C. jejuni contamination of food products is an exciting lead that may reduce human exposure to C. jejuni-contaminated foods.

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