

Influence of Geographical Origin and Flour Type on Diversity of Lactic Acid Bacteria in Traditional Belgian Sourdoughs^{∇†}

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A culture-based approach was used to investigate the diversity of lactic acid bacteria (LAB) in Belgian traditional sourdoughs and to assess the influence of flour type, bakery environment, geographical origin, and technological characteristics on the taxonomic composition of these LAB communities. For this purpose, a total of 714 LAB from 21 sourdoughs sampled at 11 artisan bakeries throughout Belgium were subjected to a polyphasic identification approach. The microbial composition of the traditional sourdoughs was characterized by bacteriological culture in combination with genotypic identification methods, including repetitive element sequence-based PCR fingerprinting and phenylalanyl-tRNA synthase (*pheS*) gene sequence analysis. LAB from Belgian sourdoughs belonged to the genera *Lactobacillus*, *Pediococcus*, *Leuconostoc*, *Weissella*, and *Enterococcus*, with the heterofermentative species *Lactobacillus paralimentarius*, *Lactobacillus sanfranciscensis*, *Lactobacillus plantarum*, and *Lactobacillus pontis* as the most frequently isolated taxa. Statistical analysis of the identification data indicated that the microbial composition of the sourdoughs is mainly affected by the bakery environment rather than the flour type (wheat, rye, spelt, or a mixture of these) used. In conclusion, the polyphasic approach, based on rapid genotypic screening and high-resolution, sequence-dependent identification, proved to be a powerful tool for studying the LAB diversity in traditional fermented foods such as sourdough.

Sourdough represents a natural food ecosystem in which the fermentation activities of lactic acid bacteria (LAB) and yeasts largely determine the typical characteristics of the resulting baked goods (26). Based on the production technology, sourdough fermentations can be divided into three types (2, 38): type I, or traditional, sourdoughs are characterized by continuous propagation of the dough at ambient temperatures (20 to 30°C); type II, or industrial, sourdoughs are incubated at high temperatures (>30°C), with longer fermentation times and a higher water content; and type III sourdoughs are dried preparations of industrial doughs. Traditional Belgian sourdoughs belong to type I sourdoughs. The use of sourdough improves the overall characteristics of bakery products, such as the dough properties, texture, and flavor (16). LAB contribute significantly to these properties, e.g., by acidification of the dough (17), proteolysis of the gluten (10), hydrolysis of the starch (5), and the production of taste and aromatic compounds (15). Moreover, several sourdough LAB inhibit the development of pathogens due to the production of acids and bacteriocins (22). During spontaneous sourdough maturation, LAB occur as the predominant microorganisms, at numbers of >10⁸ CFU/g sourdough. The genera *Lactobacillus*, *Pediococ-*

cus, *Leuconostoc*, and *Weissella* predominate in this ecosystem, whereas lactococci, enterococci, and streptococci are rarely found. Sourdough LAB may originate from natural contamination of the flour or may be introduced into the ecosystem as part of a starter culture. Due to the large variety of cereals and fermentation conditions, the taxonomic composition of LAB microbiota found in sourdoughs worldwide is very diverse. In recent years, the number of new *Lactobacillus* species from sourdough origins has steadily increased (1, 3, 7, 11, 20, 23, 28, 29, 31, 32, 34, 36, 39).

The increasing interest in starter cultures for sourdough fermentations requires better insights into the genetic and phenotypic diversity of strains for exploitation in technological processes. Although still important for the description of new species, conventional methods such as carbohydrate fermentation pattern analysis and cell wall analyses are not reliable for the accurate identification of LAB at the species level. The use of 16S rRNA gene sequencing is generally regarded as a more reliable solution for the classification and identification of LAB, although the differentiation of closely related *Lactobacillus* species is not always straightforward, due to a high degree of conservation within this genus (12). Alternatively, sequence-based identification using one or more protein-coding genes has been explored as an alternative to determine the genomic relatedness between LAB strains (4). In this regard, the phenylalanyl-tRNA synthase gene (*pheS*) has proven to be a valuable tool for the identification of *Lactobacillus* species and the delineation of novel taxa (24, 24a, 28, 33).

The objective of the present study was to assess the taxonomic diversity of LAB isolated from traditional sourdoughs

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digitized profiles were calculated by using the Pearson correlation (expressed for convenience as a percentage-of-similarity value) and a dendrogram was derived from the profiles by using the unweighted pair-group method using arithmetic averages.

Phenylalanyl-tRNA synthase (*pheS*) gene sequencing of selected LAB isolates. For *pheS* sequence analysis, genomic DNA was obtained by alkaline lysis (see above). If the alkaline lysis method did not produce good-quality *pheS* sequence data, a phenol-chloroform method was used (13). The amplification conditions and sequencing reactions, using PheS-21-F and PheS-23-R, were those described by Naser et al. (24). The taxonomic reference framework of *pheS* sequences consisted of sequences of 255 *Lactobacillus* strains (representing 94 species), 51 *Enterococcus* strains (representing 9 species), 3 *Lactococcus* strains (representing 2 species), 41 *Leuconostoc* strains (representing 12 species), 26 *Pediococcus* strains (representing 9 species), and 20 *Weissella* strains (representing 10 species). Each of these species was represented by its type strain and, generally, by two to five additional reference strains. Newly obtained *pheS* sequences were imported into the BioNumerics version 4.61 software (Applied Maths), aligned, and compared using the neighbor-joining method with sequences available from the *pheS* database.

16S rRNA gene sequencing. Genomic DNA was extracted using the alkaline lysis method (see above) or a phenol-chloroform method (13). 16S rRNA gene amplification, purification, and sequencing were performed as described by Vancanneyt et al. (33). Phylogenetic analysis was performed using the software package BioNumerics version 4.61 (Applied Maths). To determine the closest relatives of 16S rRNA gene sequences, a search was performed in GenBank using the BLAST algorithm.

DNA-DNA hybridization experiments. For the extraction of high-molecular-mass DNA, strains were cultivated in MRS-5 broth. DNA-DNA hybridizations were performed as described previously (28), at a temperature of 37°C in the presence of 50% formamide.

Data analysis. All data processing and statistical analysis were performed using the software package BioNumerics version 4.61 (Applied Maths). The numerical data input was handled as an open character type, meaning that a nonfixed number of characters (i.e., the bacterial species) were allowed. For each sourdough sample, a microbial community profile was composed that reflects the qualitative (number of species) and quantitative (number of isolates per species) diversity of sourdough LAB in the corresponding sample. Similarities were expressed using the Pearson product-moment correlation coefficient, and a dendrogram was constructed using the unweighted pair-group method using arithmetic averages. In addition, principal component analysis (PCA) was carried out to visualize the possible impact of several technological characteristics on the sourdough LAB biodiversity.

RESULTS

Enumeration of LAB and yeasts. The results of microbiological analysis (Table 1) showed that LAB constituted the major microbiota of the sourdough samples. LAB counts on MRS-5 agar ranged from 10^7 to 10^9 CFU/g sourdough, whereas yeast counts on YG agar ranged from 10^3 to 10^7 CFU/g sourdough. In general, the yeast-LAB ratio varied from about 1:10 to 1:100 (data not shown), except for samples D06SS01T01 and D07WR01T02, where the ratio was approximately 1:1, and samples D02WR01T01, D02WR01T02, and D04WW01T01, where the ratio varied from 1:10,000 to 1:100,000. The LAB counts on MRS-5 medium were comparable under the four incubation conditions, and no apparent differences in colonial morphology were noticed. The latter finding is also reflected in the LAB diversity of the sourdough samples, which was similar under the four conditions (data not shown). The mean bacterial colony counts in the sourdough samples are shown in Table 1.

Polyphasic identification of sourdough LAB isolates. (GTG)₅-PCR fingerprinting was used to screen 714 presumptive LAB isolates. Numerical analysis of the digitized (GTG)₅-PCR fingerprints with the reference database resulted in the delineation of 24 clusters and six single isolates at 50% Pearson

similarity. Visual inspection of (GTG)₅-PCR fingerprints indicated that the variations in the band patterns within one rep-PCR cluster were mainly due to differences in band intensities. However, minor qualitative differences revealed heterogeneity among isolates from sourdoughs produced at different bakeries, suggesting that such isolates represent different strains. Isolates were tentatively assigned to a given species when they belonged to a (GTG)₅-PCR cluster that contained the type strain and/or one or more additional reference strains. This allowed the tentative identification of 514 LAB isolates (72% of the total) belonging to 10 different (GTG)₅-PCR clusters. The reproducibility of each run was evaluated by the inclusion of control strain *Lactobacillus alimentarius* LMG 21683. No marked qualitative variations between runs were observed for this strain (data not shown).

Subsequently, one or more representative strains from each (GTG)₅-PCR cluster were selected and subjected to *pheS* sequence analysis (a total of 96 isolates). The GenBank/EMBL/DBJ accession numbers for the *pheS* gene sequences of the selected isolates are AM745639 to AM745731, AM285025, AM285026, and AM259120. For the identification of *Lactobacillus* and *Enterococcus* species, the *pheS* gene generally offers an intraspecies interval with a variation of up to 3% for both genera and interspecies gaps exceeding 10% and 16% divergence, respectively (90% confidence interval) (24; Naser et al., unpublished results). Data on the *pheS* intra- and interspecies variations for *Pediococcus*, *Leuconostoc*, and *Weissella* species are currently not available. Alignment and cluster analysis of the *pheS* sequences of the selected LAB sourdough isolates and reference strains resulted in the delineation of 25 *pheS* clusters at a similarity level of 97% (see Fig. S1 in the supplemental material). In this way, 91 LAB sourdough isolates (95%) belonging to 24 different *pheS* clusters could be identified at the species level. One *pheS* cluster that showed the highest *pheS* sequence similarity (94.2%) with the type strain of *Lactobacillus rossiae* (LMG 22972^T) could not be unequivocally allocated to a LAB species included in the reference database. Based on 16S rRNA gene sequencing, isolate D03WW01T01-35 of this “unknown” *pheS* cluster showed 99.5% 16S rRNA gene sequence similarity with *L. rossiae* LMG 22972^T. A DNA-DNA binding value of 83% was found between the type strain of *L. rossiae* (LMG 22972^T) and strain D03WW01T01-35, which is well above the proposed threshold of 70% for species delineation (30). It thus indicates that strain D03WW01T01-35 and all other members of the unidentified *pheS* cluster belong to *L. rossiae*.

Taxonomic distribution and prevalence of sourdough LAB species. Seven hundred and fourteen LAB were randomly isolated from 21 Belgian traditional sourdoughs. By polyphasic identification, 82% of the isolates were assigned to seven species: *Lactobacillus paralimentarius* (21%), *Lactobacillus sanfranciscensis* (17%), *Lactobacillus plantarum* (11%), *Lactobacillus pontis* (10%), *Lactobacillus fermentum* (9%), *Lactobacillus hammesii* (8%), and *Weissella cibaria* (6%). The heterofermentative species *L. paralimentarius*, *L. sanfranciscensis*, *L. plantarum*, and *L. pontis* occurred in 10, 9, 9, and 9 sourdoughs, respectively, and are therefore considered the dominant cultured microbiota in Belgian sourdoughs. However, all four species were never found together in any of the sourdoughs analyzed, and only in samples D01WW01T01 and D06WW01T01 was an

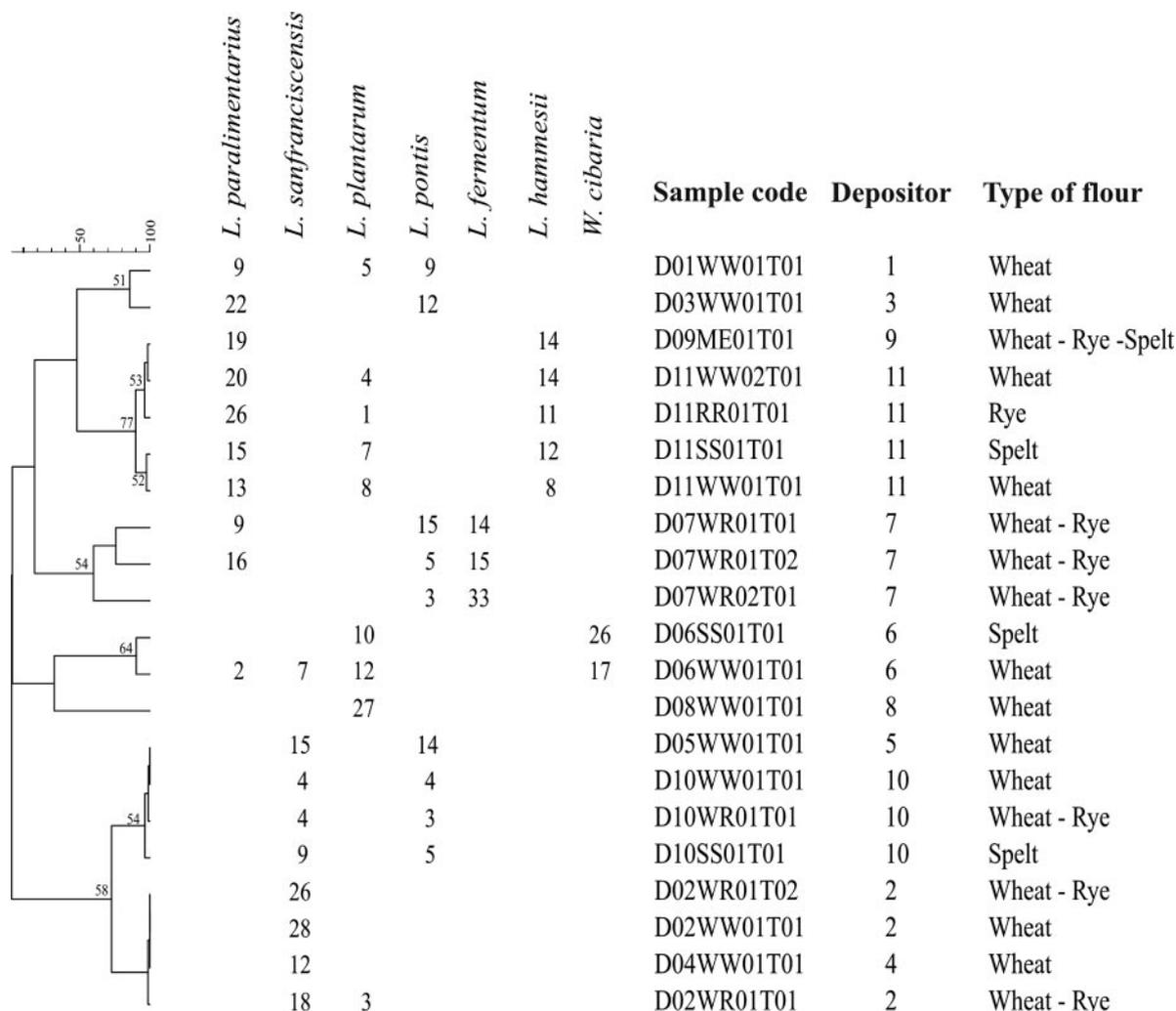


FIG. 1. Biodiversity data were imported into BioNumerics version 4.61 as an open character type, resulting in microbial community profiles reflecting the diversity of dominant LAB species in 21 Belgian traditional sourdoughs analyzed. Descriptive (depositor and type of flour) characteristics are shown; technological characteristics (pH and fermentation time and temperature) are in Table 1. The dendrogram was constructed by using the unweighted-pair group method using arithmetic averages, with correlation levels expressed as percentage-of-similarity values of the Pearson correlation coefficient. Bootstrap values (based on 1,000 replications) at or above 50% are indicated at the branch points.

association of three of the species observed. Furthermore, the occurrence of the sourdough species *L. sanfranciscensis* and *L. paralimentarius* seemed to be negatively correlated (Spearman correlation value, $\rho = -0.656$; $P = 0.000625$). *L. fermentum*, *L. hammesii*, and *W. cibaria* occurred in three, five, and two sourdoughs, respectively.

The remaining 129 isolates (18%) were assigned to LAB species *Lactobacillus sakei* ($n = 26$), *Lactobacillus brevis* ($n = 15$), *Lactobacillus helveticus* ($n = 15$), *L. rossiae* ($n = 11$), *Lactobacillus curvatus* ($n = 11$), *Pediococcus pentosaceus* ($n = 9$), *Lactobacillus parabuchneri* ($n = 8$), *Lactobacillus spicheri* ($n = 8$), *Lactobacillus nantensis* ($n = 7$), *Lactobacillus namurensis* ($n = 6$), *Lactobacillus crustorum* ($n = 3$), *Pediococcus acidilactici* ($n = 3$), *Leuconostoc mesenteroides* ($n = 2$), *Weissella confusa* ($n = 2$), *Enterococcus mundtii* ($n = 1$), *Lactobacillus buchneri* ($n = 1$), and *Lactobacillus paracasei* ($n = 1$). The microbiota of the sampled sourdoughs consisted of two to seven different LAB species, with the exception of

D02WR01T02, from which only *L. sanfranciscensis* was isolated. The recently described *Lactobacillus* species *L. namurensis* (28) and *L. crustorum* (29) were isolated from one (D09ME01T01) and two (D01WW01T01 and D05WW01T01) sourdoughs, respectively. Notably, the occurrence of *L. crustorum* and *L. helveticus* seemed to be positively correlated in the sampled sourdoughs (Spearman correlation value, $\rho = 0.995$; $P < 0.01$).

To study the influence of descriptive and technological characteristics on the LAB diversity and the relationships between dominant LAB species in the sourdough samples, cluster and PCA analyses were performed. Seven bacterial species, corresponding to the seven most-dominant species that together represent 82% of the total LAB population, were included in the analyses (Fig. 1). Except for sample D07WR02T01 from depositor 7, all sourdough samples produced at one particular bakery were found together in separate groups and tended to show a similar qualitative and quantitative microbial diversity.

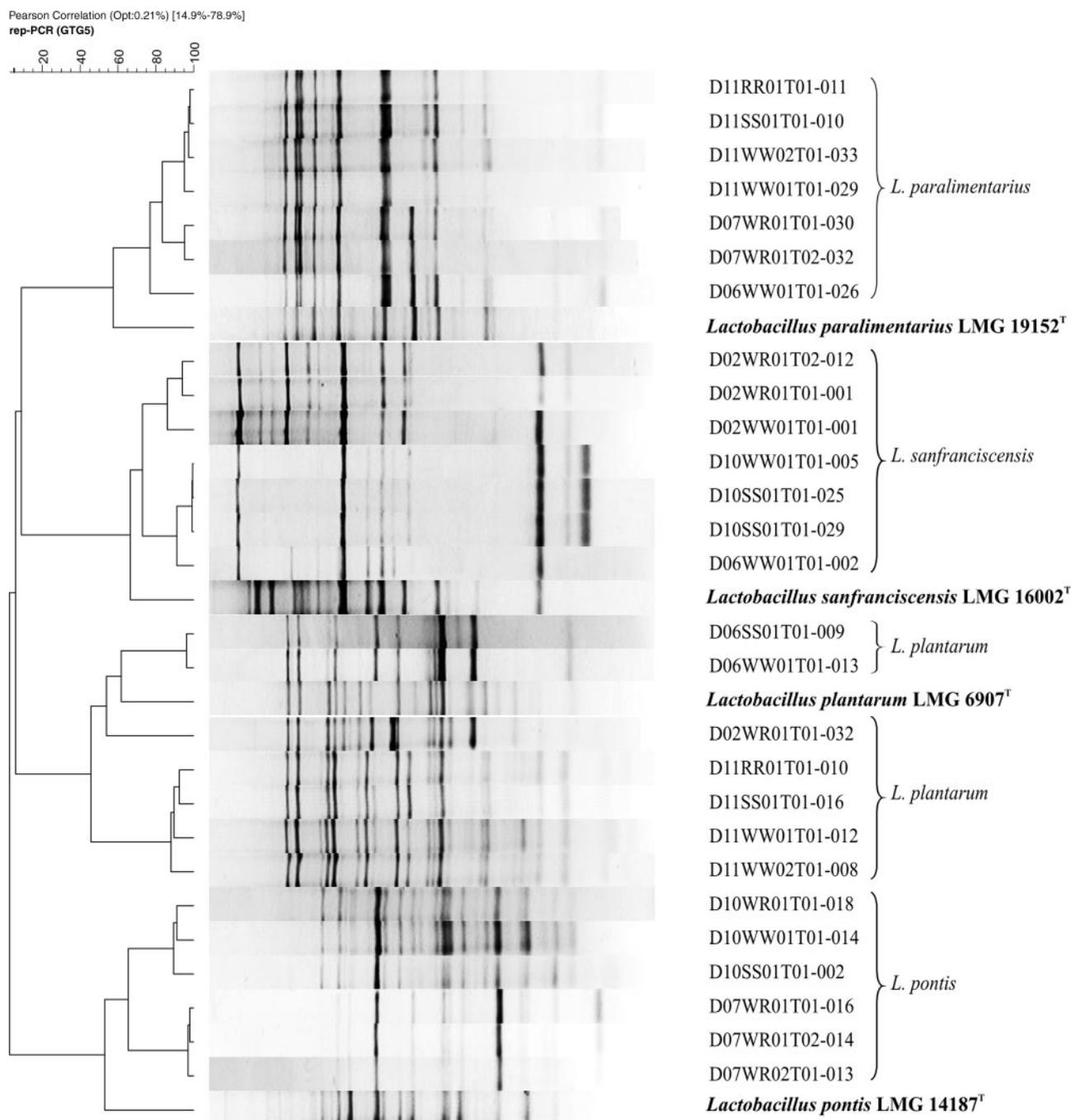


FIG. 2. Dendrogram showing the genetic similarities between selected strains of the four most frequently isolated species from Belgian artisan sourdoughs (*L. paralimentarius*, *L. sanfranciscensis*, *L. plantarum*, and *L. pontis*) based on (GTG)₅-PCR fingerprints. One representative fingerprint pattern per species isolated from sourdough samples originating from depositors D2, D6, D7, D10, and D11 and the pattern of the corresponding type strain (in bold face) were included for cluster analysis. The dendrogram was constructed using the unweighted-pair group method using arithmetic averages, with correlation levels expressed as percentage-of-similarity values of the Pearson correlation coefficient.

As an example, all sourdough samples originating from depositor 11 and produced with different types of flour (rye, spelt, and two varieties of wheat flour) clearly grouped together and are all dominated by the species *L. paralimentarius*, *L. plantarum*, and *L. hammesii* (Fig. 1). On the other hand, a number of sourdoughs from different bakeries (e.g., those from depositor 5 and 10) displayed highly similar LAB compositions.

In Fig. 2, the interstrain variation based on (GTG)₅-PCR cluster analysis among isolates of the species most frequently isolated from Belgian sourdoughs, i.e., *L. paralimentarius*, *L. sanfranciscensis*, *L. plantarum*, and *L. pontis*, is shown. Generally, no pronounced qualitative differences were observed among the band patterns of isolates of the same species originating from the same depositor. On the other hand,

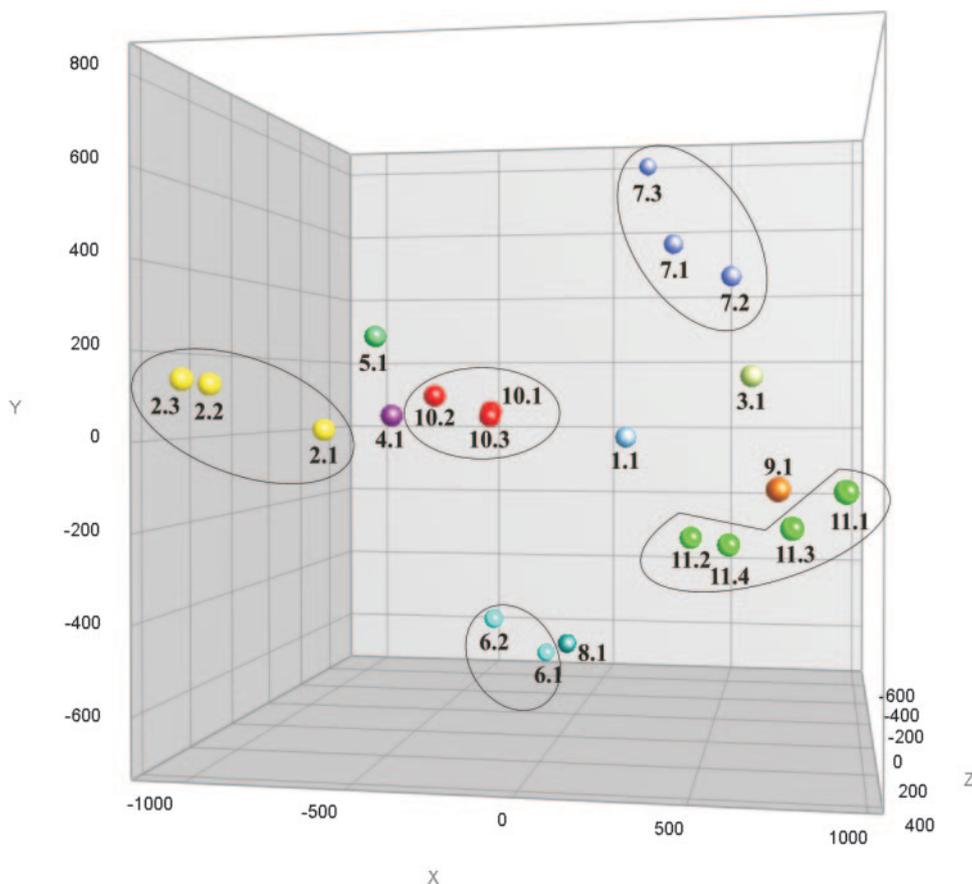


FIG. 3. Three-dimensional score plot of the PCA of the data obtained from 21 Belgian artisan sourdough samples. 1.1, D01WW01T01; 2.1, D02WR01T01; 2.2, D02WR01T02; 2.3, D02WW01T01; 3.1, D03WW01T01; 4.1, D04WW01T01; 5.1, D05WW01T01; 6.1, D01SS01T01; 6.2, D01WW01T01; 7.1, D07WR01T01; 7.2, D07WR01T02; 7.3, D07WR02T01; 8.1, D08WW01T01; 9.1, D09ME01T01; 10.1, D10WW01T01; 10.2, D10SS01T01; 10.3, D10WR01T01; 11.1, D11RR01T01; 11.2, D11WW01T01; 11.3, D11WW02T01; 11.4, D11SS01T01.

minor infraspecific band pattern variations could be detected among isolates purified from sourdoughs produced at different bakeries.

The score plot of a first PCA revealed that sourdough samples originating from the same depositor clustered together (Fig. 3). Still, other sourdoughs (e.g., D09ME01T01) clustered together with sourdoughs produced at another bakery (e.g., D11RR01T01, D11SS01T01, D11WW01T01, and D11WW02T01). In addition, no obvious correlation between the type of flour, province, or technological characteristics (pH, fermentation time, and temperature) and the microbial composition of the analyzed sourdoughs and no significant associations of certain LAB species with one of these variable factors could be observed. A second PCA was performed on a subset of the data from samples originating from depositors producing more than one sourdough (i.e., D2, D6, D7, D10, and D11). The resulting score plot can be divided into five major groups corresponding to the five depositors (see Fig. S2 in the supplemental material). Furthermore, both PCA analyses indicated that certain species were positively correlated with specific depositors, i.e., *L. sanfranciscensis* with depositor 2 and *L. fermentum* with depositor 7.

DISCUSSION

In this study, 714 LAB isolates originating from 21 Belgian traditional sourdoughs were characterized by using a polyphasic strategy for the screening of a large number of isolates and subsequent identification of genotypically unique strains. Comparison of (GTG)₅-PCR fingerprints with an in-house reference database allowed the identification of 72% of the isolates. Members of the species *L. sanfranciscensis*, *L. plantarum*, *L. curvatus*, *L. rossiae*, and *W. confusa* were allocated to more than one (GTG)₅-PCR cluster (data not shown). Visual inspection of the fingerprint patterns demonstrated that the observed partition in the cluster analysis of the *W. confusa*, *L. plantarum*, and *L. curvatus* isolates was mainly due to variations in band intensities. In contrast, the (GTG)₅-PCR patterns of *L. sanfranciscensis* strains varied in the number and position of the bands. As only a few bands (two to four) were observed in the (GTG)₅-PCR profiles of these strains, minor qualitative shifts in the band pattern composition drastically affected their relative grouping and resulted in the formation of multiple (GTG)₅-PCR clusters. The finding of two clusters for *L. rossiae* was further investigated with *pheS* sequencing. Based on the (GTG)₅-PCR clustering, representatives of all

clusters were selected for *pheS* sequence analysis and compared with an in-house reference database, which resulted in the identification of 95% of the selected isolates. The single “unknown” *pheS* cluster was assigned to *L. rossiae* following 16S rRNA gene sequence analysis and DNA-DNA hybridizations. This is the first study to demonstrate the usefulness of *pheS* gene sequence analysis for the identification of a large collection of unknown LAB isolates. Except for *L. rossiae*, this method proved to be very valuable for the discrimination of sourdough LAB species. It is beyond doubt that the construction of a *pheS* sequence database that could be freely accessed online would be a promising development for the fast and reproducible identification of LAB species involved in food fermentations. Thus, the combined use of (GTG)₅-PCR fingerprinting and *pheS* sequence analysis proved to be very efficient in the differentiation and identification of a large set of sourdough LAB isolates in a relatively economical and fast manner.

Consistent with the results of other European sourdough biodiversity studies, heterofermentative species appear to dominate the microbiota of Belgian type I sourdoughs (6, 9, 14, 36), although complex associations of homo- and heterofermentative strains were found in 12 of the 21 sourdoughs. All Belgian sourdough samples were dominated by one or more of the heterofermentative species *L. paralimentarius*, *L. sanfranciscensis*, *L. plantarum*, and *L. pontis*. The relative dominance of *L. sanfranciscensis* in type I sourdoughs has been ascribed to environmental conditions during sourdough fermentation (6, 8, 27, 37). In contrast to these studies, in which the frequent association of *L. sanfranciscensis* and *L. plantarum* is reported, we detected both species in only 2 of the 21 Belgian sourdoughs. Likewise, Corsetti et al. (6) suggested an association of *L. sanfranciscensis* and *L. alimentarius* in Italian wheat sourdoughs, but no members of the latter species were found in the present study. However, the closely related *L. paralimentarius* (3) is common to traditional Greek wheat sourdoughs (9) and was isolated from 10 Belgian sourdoughs produced at six different bakeries. In addition, our results suggest that the co-presence of *L. sanfranciscensis* and *L. paralimentarius* in Belgian sourdough samples is negatively correlated. Interestingly, the negative effect of *L. paralimentarius* on *L. sanfranciscensis* growth has been previously reported (25). Another characteristic of Belgian sourdoughs is the presence of the obligate heterofermentative species *L. pontis*, which is frequently isolated from European sourdoughs (37, 38) and was found in 9 of the 21 Belgian sourdoughs sampled. However, *L. pontis* has been isolated from pig intestines as well, indicating that *L. pontis* is not associated only with sourdough (18). The rare presence of the recently described LAB species *L. namurensis* (28) and *L. crustorum* (29) in one and two Belgium sourdoughs, respectively, may be the result of random colony picking or nonoptimal culture conditions (8). Hence, culture-independent studies using denaturing gradient gel electrophoresis and/or real-time PCR are expected to yield more information about the relative abundance and ecology of these and other species in Belgian sourdoughs.

Although it is known that the type of flour, process technology, and other factors strongly influence the composition of the sourdough microbiota (9, 21), cluster analysis and PCA indicate that the typical microbial composition of Belgian sour-

doughs is influenced by the bakery environment, rather than the type of flour used to produce the sourdough. Individual exceptions to this conclusion may be the result of arbitrary colony selection. Although it was beyond the scope of this study to investigate the clonal relatedness of the sourdough isolates in depth, (GTG)₅-PCR fingerprint analysis gave evidence of high infraspecific similarity among isolates from sourdoughs produced at the same bakery. These results may indicate that the “in-house microbiota” of the bakery setting largely determines the microbial diversity in sourdoughs.

In conclusion, the combined use of (GTG)₅-PCR fingerprinting and *pheS* sequence analysis proved to be a valuable method for the screening and identification of a large set of LAB sourdough isolates. This polyphasic approach was applied for the analysis of 21 Belgian sourdough samples originating from 11 different artisan bakeries located throughout Belgium. Large differences in species composition were found, except in sourdoughs from the same bakery, which demonstrated a similar qualitative and quantitative LAB population. These findings suggest that the bakery environment significantly influences the LAB community structure of Belgian sourdoughs, irrespective of the type of flour used to prepare the sourdough.

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