

The Presence of *icaADBC* Is Detrimental to the Colonization of Human Skin by *Staphylococcus epidermidis*[∇]

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Previous studies have demonstrated that *Staphylococcus epidermidis* isolates colonizing the skin of healthy humans do not typically encode *icaADBC*, the genes responsible for the production of polysaccharide intercellular adhesin or biofilms. It was therefore hypothesized that the presence of *icaADBC* was deleterious to the successful colonization of human skin by *S. epidermidis*. Using a human skin competition model, it was determined that the strong biofilm-producing *S. epidermidis* strain 1457 was outcompeted at 1, 3, and 10 days by an isogenic *icaADBC* mutant (1457 *ica::dhfr*), suggesting a fitness cost for carriage of *icaADBC*.

Staphylococcus epidermidis is one of the most prevalent commensals colonizing human skin. However, it is also responsible for 37% of the reported 250,000 central venous catheter bloodstream infections in the United States each year (14, 17). Formation of biofilms is a major virulence determinant of *S. epidermidis* that allows the organism to bind and proliferate on a variety of biomaterials (18). An *S. epidermidis* biofilm consists of both proteinaceous factors as well as polysaccharide intercellular adhesion (PIA), which is produced by enzymes encoded by the *icaADBC* operon (10, 16). Not all *S. epidermidis* isolates encode *icaADBC*, and several studies have demonstrated that strains isolated from health care settings or infections of indwelling medical devices are more likely to encode this operon (3, 4, 6, 11, 12, 16, 19). These studies also demonstrated that strains of *S. epidermidis* isolated from the skin of community volunteers (considered to be commensal isolates) are less likely to carry the *icaADBC* genes. Recently, it was found that the *icaADBC* locus can be either present or absent from isolates within the same multilocus sequence typing group, suggesting that these two groups (i.e., *icaADBC*⁺ and *icaADBC*-deficient isolates) are not separate populations (12). These data led us to hypothesize that the *icaADBC* locus may confer a fitness cost to the bacterium during the colonization of skin. In support of this hypothesis, other studies have shown that the chromosomal region which contains the *icaADBC* locus can be readily lost within a population (1, 15). In addition, PIA production is known to undergo phenotypic variation in *S. epidermidis* (8, 19, 20). In the present study, we performed human skin competition studies between a strong biofilm-producing strain of *S. epidermidis* (1457) and its isogenic *icaADBC* mutant.

The clinical strain *S. epidermidis* 1457 (13) and its isogenic *icaADBC* mutant 1457 *ica::dhfr* (9) were grown overnight in 100 ml of tryptic soy broth (Difco, Sparks, MD) at a 5:1 flask/volume ratio and with shaking at 225 rpm at 37°C. The cells were then pelleted by centrifugation and the supernatant was

removed and washed in 0.9% saline. Cells (1×10^9 CFU) of each strain were resuspended in 1 ml of 0.9% saline for skin application. Viability and confirmation of these inocula were performed by serial plating to tryptic soy agar (TSA; Difco) and Congo red agar (CRA) (5, 8). CRA plates allow for detection of PIA-producing (crusty colony phenotype) versus PIA-negative (smooth colony phenotype) colonies (8). *S. epidermidis* 1457 is susceptible to ampicillin, erythromycin, and trimethoprim. Due to the genetic inactivation of *icaADBC* by *dhfr*, *S. epidermidis* 1457 *ica::dhfr* is resistant to trimethoprim.

Nine healthy adult human volunteers unassociated with the health care environment were each inoculated on both forearms as follows. Briefly, each forearm was cleansed with a 70% alcohol wipe (Allegiance alcohol prep pad; Cardinal Health, McGaw Park, IL) in an area of 5 by 10 cm and allowed to air dry. This same area was then inoculated with 100 μ l (1×10^8 CFU) of *S. epidermidis* 1457 or 1457 *ica::dhfr* by pipetting the cell suspension over the surface of the skin; each forearm was subsequently allowed to air dry. One forearm was then covered with sterile gauze (Allegiance gauze sponges; Cardinal Health, McGaw Park, IL), and the other was left exposed. Volunteers were instructed to go about their normal activities, including bathing, but were asked to re-cover the covered forearm with clean sterile gauze after the material was exposed to liquid (i.e., bathing). The volunteers did not receive antibiotics during at least the 2 weeks prior to or during the study period. After 1, 3, and 10 days, each forearm was then swabbed vigorously with a polyurethane foam swab (CultureSwab EZ II; Becton Dickinson and Company, Sparks, MD) for 30 s; the swabs were then placed in sterile tubes containing 1 ml of saline. The tubes were vigorously agitated in a vortex mixer for 1 min and then serially plated to CRA plates and incubated for 48 h at 37°C. After 48 h of incubation, colony counts were performed and those colonies with a crusty phenotype (i.e., 1457) were replica plated to TSA plates (without antibiotic), TSA plates containing 10 μ g/ml erythromycin (Sigma, St. Louis, MO), or TSA plates containing 50 μ g/ml ampicillin (Sigma). Colonies from CRA with a smooth phenotype (i.e., 1457 *ica::dhfr*) were replica plated to TSA plates and TSA plates containing 10 μ g/ml trimethoprim (Sigma). This protocol was approved by the University of Nebraska Medical Center Institutional Review Board.

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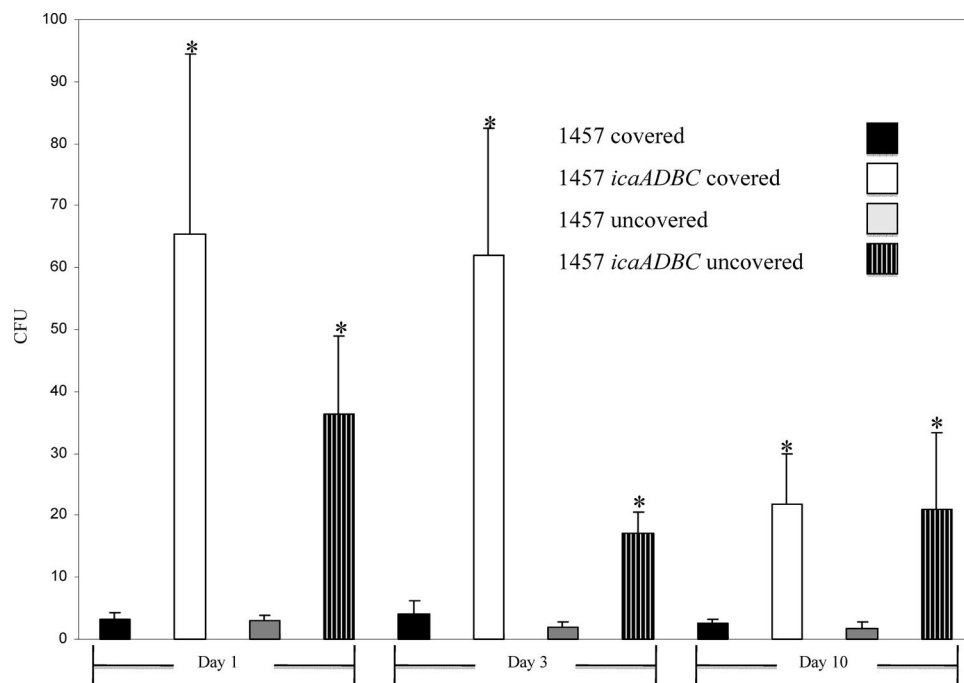


FIG. 1. CFU of *S. epidermidis* 1457 and 1457 *ica::dhfr* isolated from the human skin competition model. Bars represent mean CFU isolated from the nine healthy volunteers at days 1, 3, and 5. Error bars represent standard errors of the means, and * indicates significance ($P < 0.05$) compared to 1457 for the same condition and time point.

Trimethoprim-resistant, CRA smooth colonies were confirmed to be *S. epidermidis* 1457 *ica::dhfr* by using the forward primer 5'-CAGTATAACAACATTCTATTGC-3' specific for the intergenic region between *icaR* and *icaA* (bp 2334135 to 2334156 in the *S. epidermidis* RP62A genome sequence [NC_002976]) and reverse primer 5'-CCATTAAGCCTGAC AATCG-3' specific for the region immediately downstream of the *dhfr* gene (bp 5709 to 5691 in the pIP1630 sequence [AF045472]). Amplification yielded a 550-bp product which is specific for *S. epidermidis* 1457 *ica::dhfr*. Pulsed-field gel electrophoresis (PFGE) was performed on all colonies suspected of being *S. epidermidis* 1457 (ampicillin and erythromycin susceptible and crusty phenotype on CRA). Genomic DNA suitable for PFGE was isolated as previously described (2). PFGE was performed using a CHEF DR-III apparatus (Bio-Rad, Hercules, CA) with the following parameters: initial switch time, 5 s; final switch time, 40 s; 19 h at 200 V (6 V/cm); 14°C. PFGE restriction patterns were compared using a combination of the Gel Documentation System 2000 (Bio-Rad) and Bionumerics software (Applied Maths, Austin, TX).

Based on previous studies demonstrating that the population of *S. epidermidis* isolated from the skin of healthy volunteers is primarily comprised of *icaADBC*-negative isolates, we hypothesized that wild-type *S. epidermidis* 1457 (*icaADBC*⁺) would be outcompeted by an isogenic *icaADBC* derivative in a human skin colonization model. Consistent with other human skin competition studies (7), there was a dramatic decrease in the number of bacteria obtained at the first skin sampling (24 h post-skin inoculation); although 10⁸ CFU were inoculated, generally less than 10² CFU were recovered from each arm of the nine volunteers (data not shown). The total number of

colonies of *S. epidermidis* 1457 *ica::dhfr* and 1457 isolated from all nine volunteers were compiled and compared (covered with gauze or uncovered) at each time point (1, 3, and 10 days). These experiments demonstrated that the mean CFU of *S. epidermidis* 1457 *ica::dhfr* isolated from the skin of healthy volunteers was significantly ($P < 0.05$) greater than *S. epidermidis* 1457 at each day regardless of whether the forearm was covered or uncovered (Fig. 1). Statistical analysis was performed using the Wilcoxon signed rank test (GraphPad Prism 2.0; San Diego, CA). All 1457 *ica::dhfr* and 1457 colonies were confirmed using PCR and PFGE, respectively.

These data suggest that *S. epidermidis* isolates that do not possess the *icaADBC* operon have the ability to outcompete isolates producing PIA. Although many studies have demonstrated that the majority of *S. epidermidis* isolates obtained from the skin of healthy individuals do not possess the *icaADBC* operon, this is the first study to address this question using an isogenic strain set and a human skin competition model. It is unknown why *S. epidermidis* 1457 *ica::dhfr* has the ability to outcompete *S. epidermidis* 1457 on the skin of humans. It is known, however, that the production of biofilm shunts a great deal of carbon from glycolysis to produce PIA instead of pyruvate and subsequent ATP production. Therefore, *ica* variants may be selected on the skin due to an increased growth rate. However, it is not known how much growth is actually occurring on the skin. For instance, less than 100 organisms are found still colonizing the skin after inoculation of 10⁸ CFU. Therefore, it is possible that the production of PIA masks a specific adhesion factor on the surface of the bacterium that is important for adherence to epithelial surfaces. However, importantly, it has not been experimentally

demonstrated that *S. epidermidis* produces PIA while colonizing skin. It is perplexing that although the majority of *S. epidermidis* organisms recovered from the skin of healthy individuals lack the *icaADBC* operon, most biomaterial-related infections are caused by *icaADBC*-positive isolates. This observation suggests that the ability to produce PIA (i.e., carrying the *icaADBC* locus) confers a selective advantage in certain niches, such as hospital environments. An additional, alternative interpretation of these experiments is that PIA-positive *S. epidermidis* is more difficult to culture from the skin when using a swab compared to PIA-negative isolates, as each may colonize unique areas of the skin structure. The use of harsh sampling techniques to further disrupt epithelial layers or other animal models where the entire skin layer is cultured could be used to address this question. Addressing these questions as well as defining mechanisms through which *S. epidermidis* rapidly loses *icaADBC* gene function (phenotypic variation) and gene loss (deletion) are a major focus of our laboratory.

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